



ARRIVAL ORIENTATION PROGRAM

For U.S. Fulbright Scholars and Teachers

January 24-25, 2019, Helsinki, Finland

#FinnishWelcome



FULBRIGHT FINLAND
FOUNDATION



Welcome to Fulbright Finland!

Dear Fulbright Grantee,

On behalf of the Fulbright Finland Foundation Board of Directors and the staff team, it is my great pleasure and privilege to welcome you to Finland.

Among the nearly 160 Fulbright programs around the world today, the Finnish-American program is unique. It is based on a history unlike any other, and in the present day it distinguishes itself internationally for its exceptionally broad funding and partnership network. We are proud of our program and so pleased to welcome you to our community of Finland Fulbrighters.

The Fulbright term in Finland begins with an orientation program in Helsinki. The most important focus of the on-site orientation is to plug you in to the important local networks and give you an opportunity to meet face-to-face with your fellow Fulbright grantees, the Foundation team, and some of our key partners and leaders in education and society. This is why we have given

you most of the factual information already in advance, through the Pre-Arrival Webinar and the web-based Fulbright Finland Orientation Guide. The orientation week starts from where these two resources left off. It strives to give you the direct contacts and connections that will help you hit the ground running!

I invite you to take an active role in the orientation program. It is your questions and comments that will help us steer the discussions to be helpful to you specifically, and we look forward to lively and timely discussions with you. Once again, we want to wish you and your family welcome to Finland!
Lämpimästi tervetuloa Suomeen!

Yours sincerely,

Terhi Mölsä

Chief Executive Officer,
Fulbright Finland Foundation
@TerhiMolsa

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Thank You!

The Fulbright Finland Foundation wishes to thank the following partners and sponsors for their invaluable support for the 2019 Spring Orientation:

ASLA-Fulbright Alumni Association / www.fulbright.fi/en/alumni/alumni-association

Saastamoinen Foundation / www.saastamoinenfoundation.fi/en/

Sibelius Upper Secondary School / www.sibel.edu.hel.fi

DAY 1

Wednesday, January 23rd

Tervetuloa! - Welcome!

Join us for an informal evening with members of the ASLA-Fulbright Alumni Association for ice skating at the Ice Park (Railway Square) on Wednesday afternoon! This is a family-friendly event. Please note that the skating is optional and at your own cost, and you are also welcome to come hang out on the side of the rink to cheer your peers. Hot beverages and snacks can be purchased from the Ice Park Café.

After ice skating the evening continues at Paulig Kulma Café. At Paulig Kulma baristas will introduce the participants the world of coffee and share stories on how coffee arrives to Finland, Paulig, and Finns as coffee consumers. The event participants will get to taste hand filtered coffee and enjoy tastings of *raakakakku* (raw cake).

ICE PARK, RAILWAY SQUARE

15:30 **Ice Skating at Helsinki Ice Park**

16:40 **Transition to Paulig Kulma (Aleksanterinkatu 9)**

17:00-19:00 **Paulig Kulma: *Pavun Tarina***



DAY 2

Thursday, January 24th

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

8:40 Departure with Fulbright Finland Team Members from the Hotel Lobby

FULBRIGHT FINLAND OFFICE, PLAZA, 5TH FLOOR (HAKANIEMENRANTA 6)

**9:00-9:40 Welcome and Introductions of the Grantees and the Foundation Team
*Aamukahvi ja Karjalanpiirakka, Pick up Your Orientation Materials***

Terhi Mölsä, Chief Executive Officer, Fulbright Finland

9:40-9:50 Introduction to the Orientation Program

Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland, MC for the Orientation

9:50-10:40 U.S. Fulbrighters and the Fulbright Program in Finland: What Everyone Needs to Know

Terhi Mölsä, Chief Executive Officer, Fulbright Finland

10:40-10:50 *Tauko - Break*

10:50-11:55 Fulbright Finland Services, Training and Outreach

Key Contacts During Your Fulbright Program, Host Institution and Fulbright Finland Services and Responsibilities

Emmi Jelekäinen, Program Coordinator, Fulbright Finland
Karoliina Kokko, Senior Program Manager, Fulbright Finland

Pre-Arrival Orientation Webinar Q&A and Feedback

Emmi Jelekäinen, Program Coordinator, Fulbright Finland
Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland

- This session expects all grantees to have either attended the pre-arrival webinar or viewed the recording of it.

Your Role in Publicity and Outreach

Terhi Mölsä, Chief Executive Officer, Fulbright Finland

Maija Kettunen, Communication and Events Coordinator, Fulbright Finland

- Social Media
- Media Outreach
- Fulbright Speaker Program

Fulbright Finland Events for Spring 2019

Maija Kettunen, Communication and Events Coordinator, Fulbright Finland

- Fulbright Arctic Research in Action: International Collaboration to Address Shared Challenges
- Fulbright Finland Goes Arctic
- Fulbright Forum: Education, Innovation, Science and Art
- Truth Matters: Strategies for Combating Manipulated Realities
- Fulbright Finland Orientation Seminars (January and May)
- Fulbright Finland Award Ceremony & Reception
- Others

Inter-Country Travel Grant Program

Emilia Holopainen, Program Coordinator, Fulbright Finland

RESTAURANT LASIRANTA, 1ST FLOOR

12:00-13:00 Lounas - Lunch

PLAZA, 5TH FLOOR

13:00-14:00 Panel Discussion: Finnish System of Education (K-12): National, Municipal and School-level

- National Framework for Finnish K-12 Education
- Role of Municipalities in Organizing Education
- Teacher's Role in Finnish Schools

PANELISTS:

Eija Kauppinen, Counsellor for Education, Finnish National Agency for Education, Fulbright Distinguished Awards in Teaching 2010-2011

Hanna Björkman, Head of the International Relations, City of Helsinki, Education Division; Fulbright Finland Education Expert U.S. Study Tour Alumna 2008

Maija Heikkilä, Teacher of English, Helsinki University Teacher Training School in Viikki, Fulbright Distinguished Awards in Teaching 2016-2017

MODERATOR:

Mirka McIntire, Manager, Teacher Exchange and Education Programs,
Fulbright Finland

14:00-14:45 Panel Discussion: Finnish System of Higher Education and Research

- Differences Between Universities and Universities of Applied Sciences (UAS)
- Finnish System of Higher Education and Research
- Internationalization in Finnish Higher Education and Research

PANELISTS:

Timo Korkeamäki, Dean of Research, Professor of Finance, Hanken School of Economics, Member of the Fulbright Finland Board of Directors

Teemu Kokko, President, Haaga-Helia University of Applied Sciences

MODERATOR:

Terhi Mölsä, Chief Executive Officer, Fulbright Finland

14:45-14:55 U.S. Citizen Services

Jeremy Wisemiller, Consul, U.S. Consulate

- Registering
- Passport Replacement
- 24/7 Emergency Phone Number: +358-9-616-250 (select 0)
- STEP
- Travel to Neighboring Countries
- Other Citizen Services

15:00-16:00 Bus to Hvittorp, Kirkkonummi

BRIEFING ON THE BUS:

- Introduction to Finnish Nature and *Jokamiehenoikeudet*, Everyman's Rights
- History of Villa Hvittorp

Inari Ahokas, Program Assistant, Fulbright Finland

GROUP 1: TEACHERS

Schools and Teachers in the Finnish Systems

- How to Go About Visiting Finnish schools
- Communicating and Creating Social Connections with Finns
- Living in Finland

DISCUSSION LEADERS:

Petteri Granat, Teacher, Vaskivuori Upper Secondary School, Fulbright Distinguished Awards in Teaching 2014-2015

Maija Heikkilä, Teacher of English, Helsinki University Teacher Training School in Viikki, Fulbright Distinguished Awards in Teaching 2016-2017

Emilia Heimonen, English Teacher, Nummen Yhtenäiskoulu School, Fulbright Distinguished Awards in Teaching 2017-2018

Perttu Järvenpää, English Teacher, Omnia, Study of the U.S. Institutes for Secondary School Educators 2015-2016

Taru Pohtola, Teachers, Martinlaakso Upper Secondary School, Fulbright Distinguished Awards in Teaching 2015-2016

FACILITATOR:

Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland

GROUP 2: SCHOLARS

Higher Education and Research Environment in Finland

- Academic Vocabulary for Finland
- Similarities/Differences Between U.S. and Finnish Students and HEIs
- Practical Tips for Lecturers and Researchers
- Social and Everyday Life
- Host and Grantee Expectations

DISCUSSION LEADERS:

Bonnie Buchanan, Fulbright-Hanken Distinguished Chair in Business and Economics 2018-2019

Erika Holt, Principal Scientist & Nuclear Program Manager, VTT Technical Research Centre of Finland, U.S. Fulbright Graduate Student 1998-1999

Nely Keinänen, Lecturer, Department of Modern Languages, University of Helsinki

Timo Korkeamäki, Dean of Research, Professor of Finance, Hanken School of Economics, Member of the Fulbright Finland Foundation Board of Directors

Ville Taajamaa, University Teacher and Project Manager, Fitech Innovation Community, Fulbright Mid-Career Professional Development Grant 2014-2015

FACILITATOR:

Emmi Jelekäinen, Program Coordinator, Fulbright Finland

17:00-18:30 Sauna

The evening continues with sauna and possibility to ice swim in Lake Vitträsk. Family members can go to sauna already at 16:30.

Sauna Guide: **Johanna Lahti**

COURSE CENTER, CABINET KIRSIKKA

18:30-19:30 Buffet Dinner

19:30 Bus Back to Helsinki

20:15 Bus Arrives in Helsinki

DAY 3

Friday, January 25th

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

8:15 **Departure with Fulbright Finland Team from the Hotel Lobby**

HAKANIEMENRANTA 6

8:30 **Bus to Espoo Museum of Modern Art EMMA, Espoo**

BRIEFING ON THE BUS:

– Grantee-Alumni Continuum

Emilia Holopainen, Program Coordinator, Fulbright Finland

ESPOO MUSEUM OF MODERN ART EMMA

9:00-10:00 **Guided Tour of EMMA**

Visit to EMMA courtesy of Saastamoinen Foundation.

EMMA is Finland's largest art museum, with gallery space covering a total area of over 5500 m². The museum is located in Espoo in the former Weilin & Göös printing house designed by Professor Aarno Ruusuvuori (1925-1992). The building is a classic sample of 1960s concrete brutalism and an iconic local landmark. Famous for its sweeping lawns and pine woods, Tapiola is the quintessential Finnish Garden City of the 1960s.

EMMA collaborates closely with two leading Finnish art foundations, the Saastamoinen Foundation and the Tapio Wirkkala Rut Bryk Foundation.

TOUR GUIDES:

Paula Hautala, **Justus Kantakoski** and **Emma Hovi**

10:00-11:00 **Free Time to Explore the Exhibitions**

Permanent Exhibitions:

- Bryk & Wirkkala: Visible Storage
- Touch

Visiting Exhibitions:

- Teemu Lehmusruus: Parent Matter
- Alicja Kwade: Trans-For-Men
- Kaisa Salmi: Fellman's Field
- Futuromania - Designing Future Living

11:00-11:45 **Lounas - Lunch**

MENU:

Haukea, perunoita ja salaattia
Suklaajälkiruoka

11:45 **Bus to Sibelius Upper Secondary School, Helsinki**

SIBELIUS UPPER SECONDARY SCHOOL (LIISANKATU 13)

12:20-13:20 **Tour of the School and Performances by the Students**

HOSTS:

Reijo Aittakumpu, Music Teacher, Sibelius Upper Secondary School,
Fulbright Teacher Exchange Grantee 1997-1998

Päivi Nummela, Vice Rector, Music, Sibelius Upper Secondary School

13:20-14:00 **10 000 Years of Finnish History in 40 Minutes**

Birger Holm, Vice Principal, Haukilahti Upper Secondary School, U.S. State
Department Alum

14:00-14:30 **Suomi 101**

Heidi Toivonen, Finnish Language and Literature Teacher, Kannas Upper
Secondary School, Fulbright Finnish Language and Culture Teaching
Assistant Program 2007-2008

14:30-15:15 **Wrap-Up, Evaluations and Certificates**

Terhi Mölsä, Chief Executive Officer, Fulbright Finland

15:15 **Orientation Seminar Ends**

SPEAKERS

Orientation Speakers

In addition to the Fulbright Finland team and alumni experts, we are pleased to include the following speakers in the 2019 orientation program for the U.S. grantees.



Hanna Björkman is the Head of International Relations in the Education Division of the City of Helsinki. She has worked in the municipal service within the City of Helsinki since 2000. During the years 1987-2000 she worked in diplomatic service in the Ministry for Foreign Affairs.



Maija Heikkilä has worked as an English Teacher at the Janakkala Upper Secondary School, Tervakoski Comprehensive School, Stafford House Study Holidays and Lopen opisto. She spent the fall semester in 2016 as a Fulbright Distinguished Awards in Teaching program grantee at the University of Indiana in Bloomington.



Birger Holm currently works as a Vice Principal, History and Civics Teacher at Haukilahti School in Espoo. He is the U.S. State Department's Voluntary Visitor Program alumnus and has promoted interdisciplinary studies in Finland by inspiring English teachers to introduce more U.S. History content in English classes.



Eija Kauppinen works for the Finnish National Agency for Education, where she is responsible especially for the development of music and dance education. She received both her PhD and her Fulbright Distinguished Award in Teaching grant in 2010. She is a co-author of a book dealing with thinking skills and learning and the national curriculum, and a co-editor of books dealing with assessment of learning, social interaction in music education and musical life stories.



Teemu Kokko Ph.D. (Econ.) and adjunct professor is the President at Haaga-Helia University of Applied Sciences in Helsinki, Finland. During his career he has lived and worked abroad a total of nine years (Moscow, Budapest and Oslo) and he is deeply involved in numerous international activities. Teemu is an ad hoc columnist for two Finnish hospitality-industry magazines.



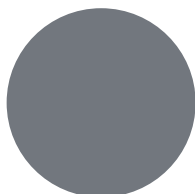
Timo Korkeamäki is the Pentti Professor of Finance at the Hanken School of Economics in Helsinki. He received his PhD in 2001 from University of South Carolina. Prior to joining Hanken in 2008, he taught at Gonzaga University in Spokane, WA for seven years. Timo is a member of the Fulbright Finland Foundation Board of Directors.



Johanna Lahti is a sauna advocate and a member of the Finnish Sauna Society, a cultural association fostering the heritage of the national bath. She bathes several times a week and enjoys all kinds of saunas from public saunas to her own city apartment sauna. Johanna is a staff alumna of the Fulbright Finland Foundation.



Heidi Toivonen teaches Finnish language and literature at Kannas Upper Secondary School in Lahti, Finland. She received a Fulbright Finnish Language and Culture Teaching Assistant grant in 2007, and spent one academic year at Columbia University in the City of New York.



Jeremy Wisemiller is the Consul at U.S. Embassy Helsinki. He arrived in Finland in June 2017 following a two year consular assignment at U.S. Embassy Nairobi. Joining the Foreign Service in 2010, his first overseas tour was in Prague, Czech Republic, where he served as the American Citizen Services Chief. He has also served in Islamabad and Washington, D.C.

PARTICIPANTS

American Grantees

FULBRIGHT DISTINGUISHED CHAIRS

Rand, James Patrick

Fulbright-Aalto University
Distinguished Chair
Design and Construction Materials
North Carolina State University, NC
Aalto University, Espoo
5 months, beginning January 2019

FULBRIGHT SCHOLARS

Lynch, Cecelia

Fulbright-University of Tampere
Scholar Award
International Relations
University of California, CA
University of Tampere
6 months, beginning January 2019

Miller, Bryan

Fulbright-University of Tampere
Scholar Award
Criminology and Criminal Justice
Clemson University, SC
University of Tampere
5 months, beginning January 2019

Seidman, Rachel

Oral History, Women's History
University of North Carolina, Chapel Hill, NC
University of Turku
4,5 months, beginning January 2019

Sweeny, JoAnne

Comparative Law and Feminist
Jurisprudence
University of Louisville, KY
University of Turku
4 months, beginning January 2019

MID-CAREER PROFESSIONAL DEVELOPMENT GRANT

Filene, Benjamin

Public History and Museum Studies
North Carolina Museum of History,
NC, University of Helsinki
4,5 months, beginning January 2019

FULBRIGHT DISTINGUISHED AWARDS IN TEACHING

Baker, Leslie

English Literacy
Taos Municipal Charter School, NM
University of Jyväskylä
4 months, beginning January 2019

Freedman, Matthew

English
Newburgh Free Academy, NY
University of Jyväskylä
5 months, beginning January 2019

Goldberg, Sabrina

Mathematics
The School at Columbia University, NY
University of Helsinki
6 months, beginning January 2019

Oleniczak, Joseph

Biotechnology
Liberal Arts and Science Academy
High School, Austin Independent
School District, TX
University of Helsinki
4 months, beginning January 2019

Safari, Argine

Music
Pascack Valley High School, NJ
University of the Arts Helsinki,
Sibelius Academy
5 months, beginning January 2019

Sampson, Amy

English
Baltimore City College, MD
University of Jyväskylä
4 months, beginning January 2019

Stewart, Jennifer

History and Politics
Moses Brown School, RI
University of Helsinki
5 months, beginning January 2019

Weiss, Jane

Education
Boeckman Creek Primary School, OR
University of Jyväskylä
5 months, beginning January 2019

Young, Robyn

Special Education
Kellogg Elementary School, CA
University of Jyväskylä
4 months, beginning January 2019

**Hotel Scandic
Hakaniemi**

**Fulbright Finland
Foundation Office**

**Sibelius Upper
Secondary School**

Ice Park, Railway Square

Paulig Kulma

Villa Hvittorp, Kirkkonummi
Espoo Museum of Modern Art EMMA, Espoo

U.S. Embassy





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FOUNDATION**



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