

FULBRIGHT LEADERS FOR GLOBAL SCHOOLS

MARCH 12-21, 2020

Helsinki, Espoo, Jyväskylä, and Vantaa,
Finland



**FULBRIGHT FINLAND
FOUNDATION**





TERVETULO!

We are so pleased to welcome you to Finland as part of the second cohort of Fulbright Leaders for Global Schools --- a program specifically designed for U.S. K-12 education administrators.

The vision of the Fulbright Finland Foundation is to empower the minds that will find global solutions to tomorrow's challenges by fostering academic and professional expertise and excellence in leadership. You are now joining this network of change makers as you begin your intensive 10-day program that facilitates the sharing of best practices between U.S. and Finnish education administrators and educators, and supports the dialogue addressing innovations in school leadership.

Mirroring the Finnish Education system itself, the FLGS program is an experiential, phenomenon-based, and cross-curricular undertaking with an emphasis on modern competencies and the wellness of the child as a whole. The program sheds light on the cultural and societal elements and values that

contribute to our education system. We cherish our close relationship with nature, and "nature schools," phenomenon-based learning, and even school recess bring the natural environment closer to students and highlight the wellbeing that the beautiful natural settings can provide for everyone. We invite you to experience the nature school at the Nuuksio National Park in Espoo, relax in the sauna, and swim in the Baltic sea.

You will begin your program in the capital city, Helsinki, with briefings and strategic discussions to provide the background and framework of the Finnish education system, teacher training and school leadership. In addition to school visits in Helsinki, Espoo, Vantaa, and Jyväskylä, you will see the historic Seminarium Hall at the University of Jyväskylä where Finnish teacher education first started. It will serve as the setting for reflection and discussion on current educational leadership practices in Finland and the U.S. The Heureka Science Center, on the other hand, serves as an example of the new and diverse learning environments



and STEM education that play a critical role in the Finnish curriculum.

Throughout the program and the networking receptions, you will be able to reflect upon your observations with the expert speakers and with your fellow U.S. Fulbrighters and Fulbright alumni from Finland.

How to empower students through purpose, movement and global competency? How have U.S. Fulbright teachers experienced phenomenon-based education in Finland? Find answers to these questions and hear about other current education themes at the “2020 Fulbright Forum: Education, Innovation, Science and Art” seminar, where our current American Fulbright scholars, teachers, and students in Finland share their observations.

You will see in practice that a key strength of the Fulbright Finland Foundation is the strategic engagement of its alumni, and we strongly encourage you to

continue your Fulbright experience and connections after your program by becoming an active member of the Friends of Fulbright Finland (FoFF) alumni network in the United States.

True to the Foundation’s brand promise, “Together Shaping the Future,” the organization of this program has been a joint effort. We sincerely thank the large number of individuals and institutions whose expertise and collaboration have made this program possible. A special thank you to our partners at IREX and the Bureau of Educational and Cultural Affairs of the U.S. Department of State. And last, but certainly not least, to the Fulbright Finland Foundation team!

Tervetuloa! Welcome! I invite you to immerse yourself in the Finnish experience and wish you a fruitful, productive and enjoyable program!

Terhi Mölsä

CEO, Fulbright Finland Foundation



CONTENTS

2	Welcome to Finland
6	THURSDAY - March 12
7	FRIDAY - March 13
10	Fulbright Dialogue: 21st Century Leadership in Schools
12	SATURDAY - March 14
14	SUNDAY - March 15
15	MONDAY - March 16
15	Fulbright Forum 2020: Education, Innovation, Science and Art
18	TUESDAY - March 17
20	WEDNESDAY - March 18
24	THURSDAY - March 19
26	FRIDAY - March 20
26	SATURDAY - March 21
29	The Fulbright Finland Foundation
30	Helsinki, Jyväskylä, Espoo and Vantaa
33	Maps
34	Contact Information
35	Thank You!

THURSDAY MARCH 12

15:15

Arrival at Helsinki Airport

Mirka McIntire and Inari Ahokas will meet you at Helsinki Airport, Terminal 2 Arrivals Hall and guide you to the hotel

Hilton Helsinki Strand

Address: John Stenbergin ranta 4, Helsinki

Tel. +358 9 39351

Breakfast is included and served

Mon-Fri: 6:30-10:00 and Sat-Sun: 7:00-11:00

18:30-20:30 Welcome Dinner at the Hilton Helsinki Strand

Venue: Ariadne 1

Welcome Remarks

Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation



FRIDAY MARCH 13

9:30 Mirka McIntire and Inari Ahokas will meet you in the hotel lobby to guide you to the Fulbright Finland Foundation office

**10:00-10:10 Fulbright Finland Team Welcome and Introductions;
*Kahvia ja Karjalanpiirakoita***

Address: Hakaniemenranta 6, Plaza, 5th floor, Helsinki

**10:10-10:20 Introduction to the Fulbright Leaders for
Global Schools Program in Finland**

[Mirka McIntire](#), Manager, Teacher Exchange and Education Programs,
Fulbright Finland Foundation

**10:20-10:50 U.S. Fulbrighters and the Fulbright Program in Finland:
What Everyone Needs to Know**

[Mirka McIntire](#), Manager, Teacher Exchange and Education Programs,
Fulbright Finland Foundation

10.50-11.00 Your Role in Publicity and Outreach

[Majja Kettunen](#), Communication and Events Coordinator,
Fulbright Finland Foundation

11:00-11:15 *Välitunti* - Recess



**11:15-12:15 Panel Discussion: The Finnish Education System (K-12):
National, Municipal, and School Level**

- National Framework for Finnish K-12 Education
- Role of Municipalities in Organizing Education
- Principals' Role in Finnish Schools

Panelists:

Erja Vitikka, Counsellor of Education, Finnish National Agency for Education

Harri Rinta-aho, Deputy Mayor, Head of Education and Cultural Services,
City of Espoo

Mirjam Virtanen, Principal, Turku International School

Moderator:

Mirka McIntire, Manager, Teacher Exchange and Education Programs,
Fulbright Finland Foundation

12:15-13:30 Lounas - Lunch at Restaurant Lasiranta

13:30-14:30 Pertinent Issues in Education Leadership in Finland

Toni Lehtinen, Organization Secretary, The Finnish Association of Principals

Agneta Torsell, Principal, Lagstads skola; Member of the Board,
The Finnish Association of Principals

14:30 Välitunti - Recess



FULBRIGHT DIALOGUES - INTERNATIONAL PERSPECTIVES AND CURRENT DISCUSSIONS

In fall 2014, the Fulbright Finland Foundation launched “Fulbright Dialogues” on timely topics in collaboration with key partner institutions and organizations. These roundtable discussions last up to 75 minutes and include a brief expert introduction to the theme followed by Q&A and an open dialogue between participants. The presenters include visiting experts from the United States and Finland.

14:45

Afternoon Coffee

15:00

FULBRIGHT DIALOGUE: 21ST CENTURY LEADERSHIP IN SCHOOLS

A roundtable discussion to share views from Finland and the U.S. on the future needs and prospects of school leadership

- Current Challenges and Prospects in School Leadership in Finland
- How Finland Supports School Administrators
- Innovations and “Tools” in School Leadership
- Promoting Trust, Autonomy, and Responsibility
- Evaluation That Supports Learning

Program:

Welcome Remarks and Introduction of the Fulbright Finland Dialogues Concept

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Briefing on Future Needs and Prospects of School Leadership in Finland

Olli-Pekka Heinonen, Director General, Finnish National Agency for Education

Q&A and Open Discussion Amongst All the Expert Participants Attending the Dialogue

Facilitator: Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation



Dialogue Participants:

Olli-Pekka Heinonen, Director General, Finnish National Agency for Education

Birger Holm, Assistant Principal, History and Civics Teacher, Haukilahti School

Kristina Kaihari, Counsellor of Education, Finnish National Agency for Education

Tapio Lahtero, Ph.D. Title of Docent, Administrative Principal, Helsinki University Teacher Training Schools

Petri Lehikoinen, Counsellor of Education, Head of Unit, Finnish National Agency for Education

Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Marianna Sydänmaanlakka, Principal, Lumo Upper Secondary School; Fulbright Distinguished Award in Teaching 2012–2013

Pasi Rangell, Principal, Seminaari School; Fulbright Leaders for Global Schools Travel Grant to the U.S. 2019

Anne-Marie Rapo, Principal, Espoo International School; Fulbright Leaders for Global Schools Travel Grant to the U.S. 2019

Harri Rinta-aho, Deputy Mayor, Head of Education and Cultural Services, City of Espoo

Mirjam Virtanen, Principal, Turku International School

Photographer: **Inari Ahokas**, Program Assistant, Fulbright Finland Foundation

16:15

Event Ends

16:45

Walk to Restaurant Graniittilinnal

17:00

Dinner at Restaurant Graniittilinna

Address: Säästöpankinranta 6, Helsinki

SATURDAY MARCH 14

8:50 Mirka McIntire, Inari Ahokas, and Sandrine Bartos will meet you in the hotel lobby

9:00 Bus Departs

10:00-11:00 Guided Tour of the Finnish Nature Exhibition, the Finnish Nature Centre Haltia

Address: Nuuksiontie 84, Espoo

Guide: Anna Haukka

11:00-12:00 Explore the Forest - Nature School Experience

Guide: Anna Haukka

12:00-13:00 Grilling *Tikkupulla* by Campfire - *Nuotio*

13:15-14:30 Lunch at Restaurant Haltia

Time to Tour the Exhibition Independently and Visit the Haltia Store

14:45 Bus Departs

15:45-17:30 Finnish Sauna Experience at Löyly with Alumni Experts

Address: Hernesaarenranta 4, Helsinki

Alumni Experts:

Marianna Sydänmaanlakka, Principal, Lumo Upper Secondary School; Fulbright Distinguished Award in Teaching 2012–2013

Petteri Granat, History and Social Studies Teacher, Vaskivuori Upper Secondary School; Fulbright Distinguished Award in Teaching 2014–2015

17:45 Bus Departs



THREE SAUNA WORDS YOU SHOULD KNOW:

Kiuas: Sauna stove

Löyly: Steam or vapour created by throwing water on the stones of the stove or the heat, humidity and temperature in the sauna in general.

Vihta, vasta: Whisk, made of birch (or similar) twigs. Used for beating the body in the hot room to stimulate the feel of the *löyly*.

SUNDAY MARCH 15

Free Morning

13:00 Lunch at Ateneum Bistro, National Art Museum, with Fulbright Finland Foundation Alumni

Address: Kaivokatu 2

Hosts:

Anne-Marie Rapo, Principal, Espoo International School; Fulbright Leaders for Global School Travel Grant to the U.S. 2019

Marianna Sydänmaanlakka, Principal, Lumo Upper Secondary School; Fulbright Distinguished Award in Teaching 2012-2013

14:00 Walk to the Bus Stop

14:15-16:15 City Tour of Helsinki

Tour Guide: **Maria del Carmen Hanninen**



MONDAY MARCH 16

- 9:15 Inari Ahokas will meet you in the hotel lobby
- 9:30 Walk to the University of Helsinki
Address: Siltavuorenpenger 5A, Minerva-tori

FULBRIGHT FORUM 2020: EDUCATION, INNOVATION, SCIENCE AND ART

10:15-10:30 **Welcome to Fulbright Forum 2020**

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation
Arto Kallioniemi, Vice Dean, Faculty of Educational Sciences,
University of Helsinki; Study of the U.S. Institutes for Scholars Grant
2015-2016

10:30-10:45 **Unleashing the Design Process**

Pamela Joslyn, Fulbright Distinguished Award in Teaching 2019-2020

10:45-11:30 **Panel Discussion: Journey of Learning: American Teacher Experiences in *Suomalainen* Phenomenon-Based Education**

Melissa Han, Fulbright Distinguished Award in Teaching 2019-2020
Leland Leslie, Fulbright Distinguished Award in Teaching 2019-2020
Ann Ransom, Fulbright Distinguished Award in Teaching 2019-2020

11:30-12:15 **Panel Discussion: Empowering Students Through Purpose, Movement and Global Competency**

Maedeh Pourrabi, Fulbright Distinguished Award in Teaching 2019-2020
Kelsea Turner, Fulbright Distinguished Award in Teaching 2019-2020
Alicia Fedewa, Mid-Career Professional Development Grant 2019-2020



12:15-13:30 Lunch at UniCafe Olivia

13:20 Mirka McIntire and Inari Ahokas will guide you to room K108

13:30-14:30 Introduction to Finnish Teacher Education at the University of Helsinki

Venue: Room K108

[Arto Kallioniemi](#), Vice Dean, Faculty of Educational Sciences,
University of Helsinki; Study of the U.S. Institutes for Scholars Grant
2015–2016

14:30-15:00 Coffee Break

15:00-16:00 Opportunity to Meet and Interview Teacher Trainees and/or Tour the Campus

Venue: Room K108

[Laura Purhonen](#), Student, University of Helsinki; Member of the
Board, ConduS

[Robert Miettunen](#), Student, University of Helsinki; Member of the
Board, ConduS

ConduS - A Cooperation Organization of Students in the Faculty
of Educational Sciences, University of Helsinki

16:15-17:00 Visit to Helsinki University Museum

17:00-19:00 Reception Hosted by the University of Helsinki

Venue: Helsinki University, Main Building, Lobby, 2nd Floor

Address: Fabianinkatu 33, Helsinki

Host:

[Kaarle Hämeri](#), Chancellor, University of Helsinki; Board Member,
Fulbright Finland Foundation

TUESDAY MARCH 17

8:20 Mirka McIntire and Inari Ahokas will meet you in the hotel lobby

8:30-9:30 Breakfast at Hilton Helsinki Strand with Guest Speakers

Venue: Hilton Bro

9:30-10:30 Presentation: Broad-Based Pedagogical Leadership

Venue: Hilton Helsinki Strand, Ariadne 1

Speakers;

Tapio Lahtero, Ph.D. Title of Docent, Administrative Principal,
Helsinki University Teacher Training Schools

Marja Martikainen, Principal, Helsinki University Teacher Training Schools

10:30-11:15 Discussion and Examples of U.S. Practices

11:15-11:30 Välitunti - Recess

11:30 Bus Departs

12:30 Visit to Mercuria Business College

Address: Martinlaaksontie 36, Vantaa

Hosts:

Tiina Immonen, Principal, Mercuria Business College

Tarja Mykrä, Director of Development, Mercuria Business College;
Fulbright Distinguished Award in Teaching 2015-2016; Fulbright Leaders
for Global Schools Travel Grant to the U.S. 2019

Markus Oedewald, Deputy Principal, Mercuria Business College

Hilla Helasaari, International Coordinator, Mercuria Business College

12:30-13:15 Finnish School Lunch

13:15-14:15 Introduction to Vocational Education in Finland through a Site Visit to Mercuria Business College

14:15-14:30 Walk to Martinlaakso Upper Secondary School

14:30-16:00 School Visit to Martinlaakso Upper Secondary School

Address: Martinlaaksontie 36, Vantaa

Hosts:

Salme Sulander, Principal, Martinlaakso Upper Secondary School

Taru Pohkola, English Teacher, Martinlaakso Upper Secondary School;
Fulbright Distinguished Award in Teaching 2015-2016

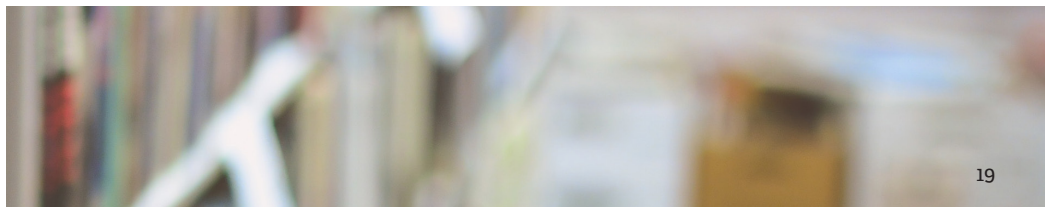
16:00 Bus Departs for Helsinki

18:00-20:00 Fulbright Networking Happy Hour

Address: Radisson Blu Plaza, Juhon Sali, Mikonkatu 23, Helsinki

No-host Fulbright Networking Happy Hour organized in cooperation with the ASLA-Fulbright Alumni Association. The Happy Hour is part of the Fulbright Finland Foundation's Nordic-Baltic Initiative and a perfect opportunity to network with fellow Fulbright grantees and alumni from Finland and other Nordic and Baltic countries.

Free Evening



WEDNESDAY MARCH 18

Check out from the hotel

7:45 Mirka McIntire and Inari Ahokas will meet you in the hotel lobby

7:50 Bus Departs

8:30-10:00 Participation in a *Community Welfare Meeting* at Espoo International School

Address: Lillhentintie 1, Espoo

Opportunity to learn about various measures available in Finland to promote students' well-being. Expert briefings followed by Q&A.

Hosts:

Anne-Marie Rapo, Principal, Espoo International School; Fulbright Leaders for Global School Travel Grant to the U.S. 2019

Emmi Riihiranta-Laine, School Nurse, Espoo International School

Eric Allenbach, Special Education Teacher, Espoo International School

Jay Thompson, Student Counselor, Espoo International School

10:00 Transportation Departs for Site Visits in Small Groups



10:30-13:30 Visits to Espoo Education and Cultural Services, Lagstads Skola Comprehensive School, Mainingin Koulu Comprehensive School, and Otaniemen Lukio Upper Secondary School

Location 1: Espoo Education and Cultural Services

Roundtable discussion and sharing of best practices with Espoo Superintendents.

Address: Kamreerintie 3B, Espoo

Meeting point: Floor 9, room 9.35

Host: Eeva-Kaisa Ikonen, Superintendent of Education, City of Espoo

Finnish Participants: Kaisa Alaviiri,

Superintendent of Schools, Central and Northern Espoo

Kari Kotiniemi, Superintendent of Schools, Leppävaara

Leena Lakovaara, Superintendent of Schools, Espoonlahti

Sariminna Solala, Superintendent of Education, Matinkylä-Olari and Tapiola

Visitors: Andrew Malone, Regional Superintendent – Greenfield Schools, Achievement First Charter School, NY & RI

Kristen Rickey, Superintendent, West Delaware County School District, IA

Michael Robert, Superintendent, Osborn School District, AZ

Richard Surrency, Superintendent, Putnam County School District, FL

Donna Watson, Assistant Superintendent for curriculum and instruction, Troy City School District, NY

Location 2: Lagstads Skola Comprehensive School

Address: Spoonkatu 7, Espoo

Host: Agneta Torsell, Principal, Lagstads Skola Comprehensive School

Visitor: John Albert, Principal, California Elementary School, CA

Location 3: Mainingin Koulu Comprehensive School

Address: Maininkitie 23, Espoo

Host: Eero Kling, Principal, Mainingin Koulu Comprehensive School

Visitors: Kristen Hauge, Principal, Osseo Area Learning Center, MN

Angela Rowland, Principal, Utah International Charter School, UT

Location 4: Otaniemen Lukio Upper Secondary School

Address: Tietotie 6, Espoo

Host: Kaisa Tikka, Development Principal, Otaniemen Lukio Upper Secondary School

Visitors: Kyleen Carpenter, Head of School, Blackstone Academy Charter School, RI

Carl Calcara, Principal, Raytown South Middle School, MO

13:30 Taxis Depart for Espoo International School

14:00-14:30 Tour of Espoo International School

14:30-16:15 Participation in *Collaboration Time* at Espoo International School

Welcome and Introduction of the Concept for the Afternoon

Anne-Marie Rapo, Principal, Espoo International School; Fulbright Leaders for Global School Travel Grant to the U.S. 2019

Sharing of Best Practices and Observations in K-12 Education from Finland and the U.S.

Participants will be divided into small thematic groups for discussion on current themes that are pertinent for both Finnish and US. school leaders. The goal of the collaboration exercise will be to share best practices, reflect on interesting observations, etc.

Group 1: The Holistic Approach in the Finnish School System

How does the Finnish education system work to ensure educational growth and social development of each child?

Facilitator: **Lori Gustafsson**, 2nd Grade Teacher, Espoo International School;

Group 3: Day-to-Day School Leadership

Master schedule, instructional strategies, student assessment, etc.

Facilitator: **Jay Thompson**, Student Counselor, Espoo International School;

Group 5: Teacher Recruitment, School Leadership, and Wider School Community

How are teachers recruited and trained?
What are some good practices for dealing with families and the wider school community?

Facilitator: **Heli Elliot**, Vice Principal, Espoo International School

Group 2: Curriculum and Education Practices

How can educators help students acquire global competencies through curriculum development, education practices, learning environments, etc.?

Facilitator: **Sarah Fair**, 1st Grade Teacher, Espoo International School;

Group 4: Strategies for Addressing Special Needs

What kind of strategies are used for addressing diagnosed disabilities and learning difficulties? What kind of differentiation practices are used in the classroom? How can educators respond to students' interests and needs?

Facilitator: **Eric Allenbach**, Special Education Teacher, Espoo International School

Wrap-up: Good Practices and Highlights from the Thematic Groups

Anne-Marie Rapo, Principal, Espoo International School; Fulbright Leaders for Global School Travel Grant to the U.S. 2019

16:15 **Event Ends**

16:30 Bus Departs for Jyväskylä
Arrival at around 20:00

Original Sokos Hotel Alexandra

Address: Hannikaisenkatu 35, Jyväskylä

Tel. +358 20 1234 640

Breakfast is included and served on Mon-Fri: 6:30-10:00



THURSDAY MARCH 19

9:00 Mirka McIntire and Inari Ahokas will meet you in the hotel lobby for departures to school visits

9:30 Taxis Depart for Site Visits

9:30-14:00 How Do Finnish School Administrators Really Spend Their Days?

- Experience a Day Job-Shadowing Finnish School Administrators
- Explore School Leadership within the Jyväskylä Educational Consortium Gradia
- Enjoy Finnish School Lunch

Location 1: Schildt Upper Secondary School

Address: Viitaniementie 1B, Jyväskylä

Meeting place: downstairs lobby

Hosts: **Seppo Haavisto**, Acting Principal, Schildt Upper Secondary School

Mika Rantala, Assistant Principal, Schildt Upper Secondary School

Visitors: **John Albert**, Principal, California Elementary School, CA

Angela Rowland, Principal, Utah International Charter School, UT

Donna Watson, Assistant Superintendent for curriculum and instruction, Troy City School District, NY

Location 2: Gradia General Upper Secondary Schools & Jyväskylä Upper Secondary School for Adults

Address: Jyväskylän Lyseo Upper Secondary School, Sepänkatu 3, Jyväskylä

Host: **Antero Hietämäki**, Director of General Upper Secondary Education, Jyväskylä Educational Consortium Gradia; Principal, Jyväskylä Upper Secondary School for Adults

Visitors: **Andrew Malone**, Regional Superintendent - Greenfield Schools, Achievement First Charter School, NY & RI

Kristen Rickey, Superintendent, West Delaware County School District, IA

Richard Surrency, Superintendent, Putnam County School District, FL

Location 3: Jyväskylän Lyseo Upper Secondary School

Address: Sepänkatu 3, Jyväskylä

Hosts: **Osmo Polas**, Principal, Jyväskylän Lyseo Upper Secondary School

Juhani Takkinen, Assistant Principal, Jyväskylän Lyseo Upper Secondary School

Visitors: **Carl Calcara**, Principal, Raytown South Middle School, MO

Kyleen Carpenter, Head of School, Blackstone Academy Charter School, RI

Kristen Hauge, Principal, Osseo Area Learning Center, MN

Michael Robert, Superintendent, Osborn School District, AZ

14:00 Taxis Depart for the University of Jyväskylä

14:30-18:00 Visit to the University of Jyväskylä, Seminarium Assembly Hall

Address: Seminaarinkatu 15, Jyväskylä

14:30-15:15 Introduction to the KAJO-project and European Education Policy Network

Mika Risku, Head of The Institute of Educational Leadership, University of Jyväskylä

15:15-17:15 Reflection on Current Educational Leadership Practices and Themes in Finland and the U.S.

Host: **Mika Risku**, Head of The Institute of Educational Leadership, University of Jyväskylä

Participants include school administrators from Jyväskylä, as well as students and faculty members from the University of Jyväskylä.

17:15-18:00 Fulbright Leaders for Global Schools Award Ceremony

Venue: University of Jyväskylä, Seminarium Assembly Hall

Remarks:

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

19:00 Dinner at Restaurant Kissanviikset

Address: Puistokatu 3, Jyväskylä

FRIDAY MARCH 20

Check out from the hotel

8:45 Mirka McIntire, Inari Ahokas and Maija Kettunen will meet you in the hotel lobby

8:50 Bus Departs for Vantaa

12:30 Lunch at Heureka Science Restaurant

Address: Tiedepuisto 1, Vantaa

13:30-14:30 Heureka as a Learning Environment, Guided Tour

Jutta Kujasalo, Head of Learning and Events, Heureka
Finnish Science Centre

14:30-15:00 Program Wrap-Up and Evaluations

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

15:00-17:00 Time to Tour the Exhibitions at Heureka the Finnish Science Centre

17:00 Bus Departs

Break Sokos Hotel Flamingo

Address: Tasetie 8, Vantaa

Tel. +358 20 1234 600

Breakfast is included and served 7:00-11:00

17:45 Farewell Dinner at Restaurant Il Siciliano

Address: Tasetie 8, Vantaa

SATURDAY MARCH 21

Departures from Helsinki Airport, which is located 2.1 miles from the hotel





**FULBRIGHT FINLAND
FOUNDATION**



FULBRIGHT FINLAND FOUNDATION

Together Shaping the Future

THE FULBRIGHT FINLAND FOUNDATION is an independent not-for-profit based in Helsinki, Finland. With the purpose of promoting a wider exchange of knowledge and professional talents through educational contacts between Finland and the United States, the Foundation collaborates with a range of government, foundation, university and corporate partners on both sides of the Atlantic to design and manage study and research scholarships, leadership development programs and internationalization services.

IN 2019, the Fulbright Finland Foundation awarded over EUR 1,8 million in grants to 112 Finnish and American researchers, students, and professionals. Additionally, Fulbright Finland responded to over 4,400 client contacts and organized or participated in over 70 training events around Finland.

FULBRIGHT FINLAND SUPPORTS the internationalization of education and research in Finland, and helps U.S. and Finnish institutions create linkages. Under its Internationalization Services the Foundation organizes themed study tours for Finnish education experts to the United States and for American education experts to Finland, runs the highly popular Fulbright Speaker Program, the Fulbright Dialogues series, and the Transatlantic Roundtables, as well as organizes several national Fulbright Seminars every year.

THE FOUNDATION IS FUNDED by the Finnish Ministry of Education and Culture, the U.S. Department of State, the Finland-America Educational Trust Fund, private foundations, Finnish and U.S. higher education institutions, alumni of the Fulbright Finland programs, and private donors. Over 70% of the Foundation's core funding originates from Finland, and advancement, fundraising and sponsored grants are a central part of the operation. A key strength of the Foundation is the consistent strategic engagement of the alumni.

OVER 5,700 FINNS AND AMERICANS have received a grant from the Finnish-American program since its inception in 1949 and the Fulbright Finland Foundation runs an active and rapidly growing alumni network in both countries.

THE BOARD OF DIRECTORS of the Fulbright Finland Foundation consists of eight members appointed by the Finnish Ministry of Education and the U.S. Embassy in Finland. The U.S. Ambassador to Finland serves as the Honorary Chair of the Board. The Foundation office is located in Helsinki. The Foundation is managed by the CEO together with eleven staff members.

HELSINKI

HELSINKI, THE CAPITAL OF FINLAND, is the administrative center of the country and an important hub of business and culture. Called the “Daughter of the Baltic”, Helsinki is located in Southern Finland on the shore of the Gulf of Finland. The population of Helsinki is about 600 000. In 2018 Helsinki was one of the fastest growing cities in Europe.

Helsinki has several public and private schools, of which nine are international schools. There are a total of nine higher education institutions; four universities

and five universities of applied sciences (UAS). These include universities such as the University of Helsinki, Hanken University, Metropolia UAS and Haaga-Helia UAS. Helsinki is also home to one of the largest music academies in Europe, the Sibelius Academy and has one vocational education center where one can study for various professions from car repair to travel services. Some of the most prestigious high schools of Finland are located in Helsinki.

JYVÄSKYLÄ

JYVÄSKYLÄ, LOCATED IN CENTRAL FINLAND, is among the fastest growing cities in Finland. Jyväskylä is easily reachable from the capital area by car, bus, train or air. The city’s population is roughly 140 000 inhabitants. Two out of seven of the Finnish UNESCO world heritage sites are located in Jyväskylä.

Jyväskylä is famous for its university, which brings a lively campus life to the

city. The university was originally the first Finnish-speaking teacher-training school in Finland, founded in 1863. There are four high schools, two vocational schools and one university of applied sciences located in the city. The Jyväskylä-based vocational school Gradia helped open the first Finnish-International high school in the world in Qatar in 2019.



SEMINARIUM

The Seminarium in Jyväskylä is the birthplace of Finnish teacher education and where its father, Uno Cygnaeus, spoke and gave lectures.

The Seminarium was designed by Konstantin Kiseleff and construction finished in 1883. The building was designed to be the headquarters of Jyväskylä's male teacher seminar and it included teaching facilities and a ballroom. The ballroom was the biggest

celebration space in Jyväskylä between 1880 and 1900. Christmas parties were held in the ballroom and so the holiday tradition "*kuusijuhla*" spread across Finland with newly graduated teachers. Many of today's most popular Finnish Christmas songs were performed for the first time in the Seminarium.

Starting in late 1940 defense of doctoral dissertations have been organized in the Seminarium and the tradition continues to this day.

ESPOO

ESPOO IS THE SECOND LARGEST CITY IN FINLAND with a population of approximately 280 000 inhabitants. Espoo has five city centers, all of which have their own unique characteristics. In Espoo, you can enjoy Finnish nature in Nuukio National Park and visit EMMA, the Espoo Museum of Modern Art.

Espoo is home to Aalto University, a multidisciplinary community that teaches engineering, art, science, and business. In Espoo, learning is valued, and there are 170 early childhood education centers, 88 comprehensive schools, 16 art schools and three higher education institutes.

VANTAA

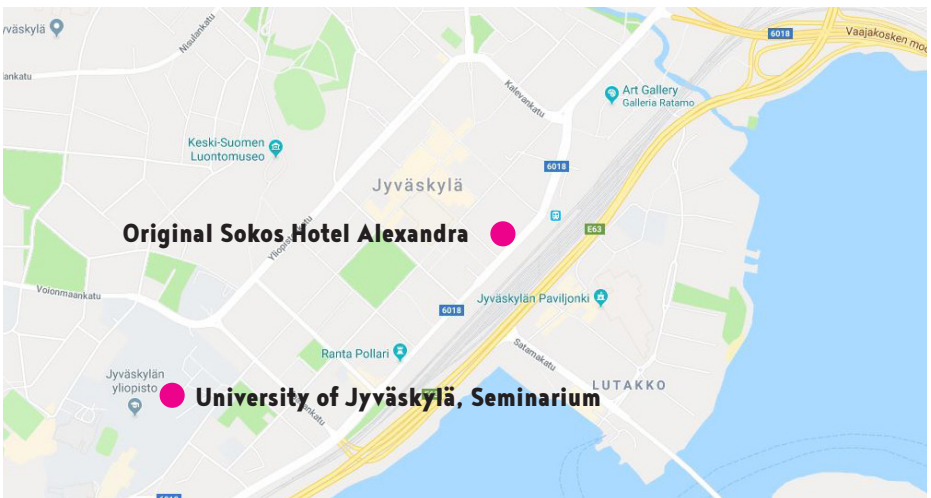
VANTAA, THE FOURTH LARGEST CITY IN FINLAND with 223 000 residents, is an international airport city, and a neighbor to Espoo and Helsinki. Vantaa is home to many different cultures and more than 100 different languages. Although Vantaa is an urban airport city, you can still enjoy the beauty of nature in the many parks and forests of Vantaa.

In Vantaa, there is an international school where comprehensive studies can be completed in English. Vantaa also organizes comprehensive education for young immigrants. Students who are not native Finnish, Swedish, or Sami speakers may receive language education in their own language. Schools in Vantaa teach approximately 30 different languages.

MAP OF HELSINKI



MAP OF JYVÄSKYLÄ



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Tel. +358 9 39351

Original Sokos Hotel Alexandra

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Tel: +358 20 1234 640

Break Sokos Hotel Flamingo

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Taxi Helsinki

Tel: +358 100 0700

Taxi Jyväskylä

Tel: +358 100 6900

Taxi Vantaa

Tel: +358 100 7300

In Case of an Emergency

Central Emergency number: 112

The number is used jointly by the fire brigade, ambulance service, the police, social services, and sea rescue.

U.S. Embassy in Helsinki

Tel: +358 9 161 250

If you are a U.S. citizen in distress, call the main Embassy number and select 0.

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IREX

Jyväskylä Educational Consortium Gradia

Jyväskylän Lyseo Upper Secondary School

Lagstads Skola Comprehensive School

Mainingin Koulu Comprehensive School

Martinaakso Upper Secondary School

Mercuria Business College

Schildt Upper Secondary School

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Fulbright Finland Foundation Team



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