



ARRIVAL ORIENTATION PROGRAM

For U.S. Fulbright Scholars and Teachers
January 23-25, 2024 Helsinki, Finland #FinnishWelcome



FULBRIGHT FINLAND
FOUNDATION



Welcome to Fulbright Finland!

Dear Fulbright Awardee,

On behalf of the Fulbright Finland Foundation Board of Directors and the staff team, it is my great pleasure and privilege to welcome you to Finland.

With your 2023-24 award, you are joining the community of over 6 100 Fulbright Finland Foundation grantees and alumni since the inception of our programs in 1949.

Among the nearly 160 Fulbright programs around the world, the Finnish-American program is unique. Celebrating its 75th Anniversary this year, it is based on a history unlike any other, and in the present day it distinguishes itself internationally for its exceptionally broad funding and partnership network. We are proud of our program and we are so pleased to welcome you to our community of leaders.

The Fulbright year in Finland begins with an orientation seminar in Helsinki. The most important focus of the on-site orientation is to plug you in to the important local networks, and give you an opportunity to meet face-to-face with each other and with our key partners and leaders in education and

society. This is why we have given you most of the factual information already in advance through the pre-assignments, the web-based Fulbright Finland Guide for coming to Finland, and the Online Meetings. We hope you have taken the time to thoroughly familiarize yourself with the advance readings and materials, because the seminar starts from where these resources left off. It dives deeper into selected key topics, and strives to give you the direct contacts and connections that will help you hit the ground running. Make the most of it!

I encourage you to take an active role in the orientation program. It is your questions and comments that will help steer the discussions to be helpful to you specifically, and we look forward to lively and timely discussions with you. Once again, welcome to Finland!

Lämpimästi tervetuloa Suomeen!

Terhi Mölsä

Chief Executive Officer,
Fulbright Finland Foundation
@TerhiMolsa

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Thank You!

The Fulbright Finland Foundation wishes to thank the following partners and sponsors for their invaluable support for the 2024 Orientation Seminar:

Aalto University / www.aalto.fi

City of Vantaa / www.vantaa.fi

Embassy of the United States in Helsinki / fi.usembassy.gov

Haaga-Helia University of Applied Sciences / www.haaga-helia.fi

Finnish National Agency for Education / www.oph.fi

Sibelius Upper Secondary School / www.sibel.edu.hel.fi

University of Helsinki / www.helsinki.fi

University of Oulu / www oulu.fi

DAY 1

Tuesday, January 23rd

Welcome, Introductions, *Sauna*

MONIKÄYTTÖTILA (HAKANIEMENRANTA 6, 1ST FLOOR)

12:45-13:50 Welcome and Introductions of Grantees and the Foundation Team

- Picking up your orientation materials
- Meeting the Fulbright Finland Foundation team and grantees over coffee and traditional Finnish *korvapuusti*
- Introducing all participants

13:50-14:00 *Tauko* - Break

14:00-15:00 U.S. Fulbrighters and the Fulbright Program in Finland: What Everyone Needs to Know (*Module 1*)

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

15:00-15:10 *Tauko* - Break

15:10-16:10 Bus to Hotel Korpilampi; Introduction to the Orientation Program

HOTEL KORPILAMPI (KORPILAMMENTIE 5, ESPOO)

16:20-17:30 Break-Out Sessions for Fulbright Teachers, School Leaders, and Scholars (*Modules 5 & 7*)

TEACHERS: CABINET

Schools and Teachers in the Finnish Systems

- How to go about visiting Finnish schools
- Communicating and creating social connections with Finns
- Living in Finland

DISCUSSION LEADERS:

Anu Aarnio, Class Teacher, Kuitinmäki School; Fulbright Distinguished Awards in Teaching 2022-23

Anna-Mari Ojala, English Teacher and Teacher Trainer, Viikki Teacher Training School; Fulbright Distinguished Awards in Teaching 2022-23

Taru Pohtola, English and German Teacher, Martinlaakso Upper Secondary School; Fulbright Distinguished Awards in Teaching 2015-16

Jenni Sipola, Classroom Teacher, Lehtikuusi School; Fulbright Distinguished Awards in Teaching 2021-22

SCHOLARS: MEETING ROOM 4

Higher Education Classroom in Finland - Differences in Teaching and Studying Between U.S. and Finland and Navigating the Academic Department

- Academic vocabulary for Finland
- Similarities/differences between U.S. and Finnish students and HEIs
- Practical tips for lecturers and researchers
- Social and everyday life

DISCUSSION LEADERS:

Kaisla Komulainen, Postdoctoral Researcher, University of Helsinki; ASLA-Fulbright Graduate Grant 2017-18

Fred Markowitz, Professor, Northern Illinois University; U.S. Core Fulbright Scholar 2021-22

Elizabeth Whitney, Associate Professor, CUNY - Borough of Manhattan Community College; Fulbright-University of Turku Scholar 2015-16

SCHOOL LEADERS, GROUP 1: MEETING ROOM 5

Current Educational Challenges and Solutions: An Interactive Discussion Between School Leaders From the U.S. and Finland

DISCUSSION LEADERS:

Anne-Marie Rapo, Principal, Espoo International School; Fulbright Leaders for Global Schools Travel Grant 2019-20

Marianna Sydänmaanlakka, Principal, Tikkurila Upper Secondary School; Fulbright Distinguished Awards in Teaching 2012-13

SCHOOL LEADERS, GROUP 2: MEETING ROOM 6

Current Educational Challenges and Solutions: An Interactive Discussion Between School Leaders From the U.S. and Finland

DISCUSSION LEADERS:

Eeva Lumiaro, Head of School, Friisilä School; Fulbright Leaders for Global Schools Travel Grant 2020-23

Arita Norrbäck, Principal, Maininki School; Fulbright Leaders for Global Schools Travel Grant 2020-23

17:30-19:00 An Opportunity to go to *Sauna* and Try Ice Swimming (Module 5)

18:45-19:45 Päivällinen - Dinner

Menu:

Green salad & vinaigrette

Bread cheese, gooseberries & kale

Roasted beetroot, goat cheese cream, spinach & pine nuts

Cold smoked salmon mousse with *Maalahti* bread

Balsamic marinated mushrooms & arugula

Marinated red cabbage

Tomato-onion salad

Zucchini seasoned with tarragon

Gently roasted chickpeas

Bread and spreads

Roasted chicken tenderloin, ratatouille & baked sweet potatoes

Cloudberry cheesecake, cloudberry jam & fresh berries

Dietary restrictions have been communicated to the restaurant.

19:45 Bus Back to Helsinki

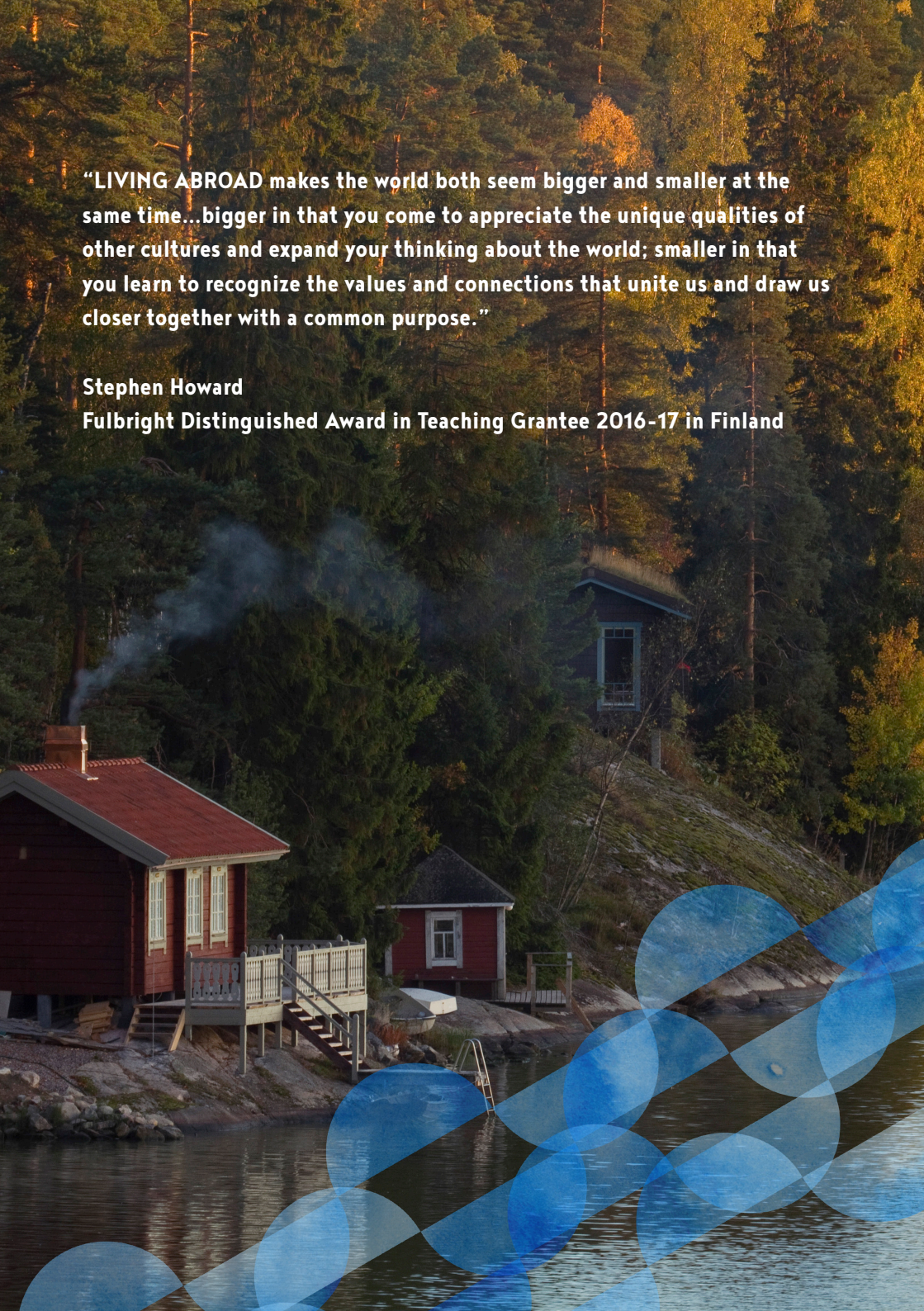
20:30 Arrival to Hakaniemi

Emergency contact: Mirka McIntire +358 44 5535 269

“LIVING ABROAD makes the world both seem bigger and smaller at the same time...bigger in that you come to appreciate the unique qualities of other cultures and expand your thinking about the world; smaller in that you learn to recognize the values and connections that unite us and draw us closer together with a common purpose.”

Stephen Howard

Fulbright Distinguished Award in Teaching Grantee 2016-17 in Finland





DAY 2

Wednesday, January 24th

Education and Research in Finland; Finnish Language; Networking Reception

8:45 Fulbright Finland team members will meet you in the hotel lobby

FULBRIGHT FINLAND FOUNDATION OFFICE (HAKANIEMENRANTA 6, 6TH FLOOR)

9:00-9:15 Aamukahvi ja karjalanpiirakka; Recap and Time for Reflections

9:15-9:30 U.S. Embassy Greetings and U.S. Citizen Services (Module 3)

- Registering
- Passport Replacement
- 24/7 Emergency Phone Number +358-9-616-250, Select 0
- STEP
- Travel to Neighboring Countries
- Other Citizen Services

Susan Bridenstine, Public Affairs Officer, U.S. Embassy

9:30-10:00 Grantee Support Services and Key Contacts During the Fulbright Term (Module 3)

Emmi Jelekäinen, Program Manager, Fulbright Finland Foundation
Karoliina Kokko, Senior Program Manager, Fulbright Finland Foundation

10:00-10:10 Tauko - Break

10:10-10:45 Your Role in Publicity and Outreach (Module 2)

- Social Media
- Media Outreach
- Fulbright Finland Events for Spring 2024
 - Fulbright Forum: Education, Innovation, Science and Art (Online)
 - Mid-term Meeting (March)
 - Fulbright Finland Award Ceremony and Reception (May)
- Fulbright Speaker Program
- CEO Conversations

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation
Maija Kettunen, Communications Manager, Fulbright Finland Foundation
Heidi Tiainen, Program and Events Coordinator, Fulbright Finland Foundation

10:50-11:00 Grantee-Alumni Continuum (*Module 4*)

Emilia Holopainen, Program and Alumni Networks Specialist,
Fulbright Finland Foundation

11:00-11:30 Suomi 101 (*Module 5*)

Laura Niemeläinen, Teacher of Finnish as a Second Language,
Turku Vocational School; Fulbright Language Teaching Assistant 2022-23

11:30-11:45 Walk to Restaurant Juttutupa

RESTAURANT JUTTUTUPA (SÄÄSTÖPANKINRANTA 6)

11:45-12:45 Buffet Lunch at Restaurant Juttutupa

13:00-15:00 Helsinki Sightseeing Tour by Bus

Tour Guide:
Maria del Carmen Hänninen

UNIVERSITY OF HELSINKI, TEKLA HULTIN ROOM (FABIANINKATU 33)

15:15-16:15 Panel Discussion: Finnish Education System (K-12): National, Municipal and School Level

- National framework for Finnish K-12 education
- Role of municipalities in organizing education
- Principals' and teachers' role in Finnish schools

PANELISTS:

Teijo Koljonen, Senior Adviser (Education), Finnish National Agency for Education

Harri Rinta-aho, Deputy Mayor for Growth and Learning, City of Espoo

Ilkka Laasonen, Principal, Viikki Teacher Training School at the University of Helsinki

FACILITATOR:

Mirka McIntire, Manager, Teacher Exchange and Education Programs,
Fulbright Finland Foundation

16:15-16:30 *Tauko* - Break

UNIVERSITY OF HELSINKI, ROOMS CHRISTINA, PACIUS AND WEXIONIUS (FABIANINKATU 33)

16:30-18:00 Networking Reception in Honor of the Spring 2024 U.S. Fulbright Scholars and Educators and the 75th Anniversary of the Fulbright Finland Foundation

Free evening; dinner arrangements on your own

DAY 3

Thursday, January 25th

Daily Life in Finland, Finnish History, Higher Education and Research

8:50 Fulbright Finland team members will meet you in the hotel lobby

FULBRIGHT FINLAND FOUNDATION OFFICE (HAKANIEMENRANTA 6, 6TH FLOOR)

9:00-9:30 **Laskiaispullatyöpaja; Recap and Reflections**

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

9:30-9:50 **Sámi Perspective (Module 6)**

Petter Morottaja, University Teacher of Aanaar Saami Language, Giellagas Institute in Oulu University

9:55-10:05 **Inter-Country Travel Grants (Module 2)**

Emilia Holopainen, Program and Alumni Networks Specialist, Fulbright Finland Foundation

10:10-10:50 **Adventures in Intercultural Communication and Culture Shock (Module 5)**

Sophia Hagolani-Albov, Doctoral Researcher in the TreesForDev Project, University of Helsinki; U.S. Fulbright Fellow 2013-14

10:50-11:00 **Tauko - Break**

11:00-11:45 **10,000 Years of Finnish History in 40 Minutes (Module 6)**

Birger Holm, Vice Principal, History and Civics Teacher, Haukilahti School, Espoo

RESTAURANT LASIRANTA (HAKANIEMENRANTA 6, 1ST FLOOR)

11:45-12:45 **Lounas - Lunch**

12:45-13:30 Panel Discussion: Finnish System of Higher Education and Research (Module 7)

- Finnish system of higher education and research
- Differences between universities and universities of applied sciences
- Internationalization in Finnish higher education and research

PANELISTS:

Teemu Kokko, President, CEO, Haaga-Helia University of Applied Sciences
Timo Korkeamäki, Dean, School of Business, Aalto University;
Chair of the Fulbright Finland Foundation Board of Directors

FACILITATOR:

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

13:30-14:00 Walk to Sibelius Upper Secondary School

SIBELIUS UPPER SECONDARY SCHOOL (LIISANKATU 13)

14:00-14:30 Introduction to the School and Performances by the Students (Module 7)

Tour of the school building by **Maria Virokannas**, English Teacher, Sibelius Upper Secondary School; Study of the U.S. Institute for Secondary Educators 2020-22

Welcome by **Hannu Rantala**, Principal, Sibelius Upper Secondary School

Performances by students

14:30-15:15 Wrap-up Discussion, Evaluations, and Awarding of the Certificates; Announcing the Winner of the #FinnishWelcome Contest

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

15:00 Orientation Seminar Ends





2022-23 GRANTEES AT THE AUGUST ARRIVAL ORIENTATION

GRANTEES

U.S. Grantees

in Finland 2023-24

FULBRIGHT DISTINGUISHED CHAIRS PROGRAM

Bi, Zhuming

Fulbright-Nokia Distinguished Chair in Information and Communications Technologies
Mechanical Engineering
Purdue University Fort Wayne, IN
LUT University, Lappeenranta
4 months, beginning September 2023

Crossley, Craig

Fulbright-Hanken Distinguished Chair in Business and Economics
Business Management
University of Central Florida, FL
Hanken School of Economics, Helsinki
2 months, Flex grant for academic years 2022-24

Esper, Terry

Fulbright-Hanken Distinguished Chair in Business and Economics
Logistics and Supply Chain Management
The Ohio State University, OH
Hanken School of Economics, Helsinki
4 months, beginning January 2024

Goodwin, Julie

Fulbright-Saastamoinen Foundation Distinguished Chair in Health Sciences
Yale University, CT
University of Eastern Finland, Kuopio
2 months, Flex grant for academic years 2023-25

Hackney, Anthony

Fulbright-Saastamoinen Foundation Distinguished Chair in Health Sciences
Physiology and Nutrition
University of North Carolina at Chapel Hill, NC
University of Eastern Finland, Kuopio
2 months, Flex grant for academic years 2023-25

Hughes, Justin

Fulbright-Hanken Distinguished Chair in Business and Economics
Intellectual Property Law
Loyola Marymount University, CA
Hanken School of Economics, Helsinki
3.5 months, beginning March 2024

Matthews, Peter

Fulbright-Aalto University Distinguished Chair
Political Economy
Middlebury College, VT
Aalto University, Espoo
10.5 months, beginning August 2023

Timbur, Lucia

Fulbright Bicentennial Chair in American Studies
Sociology and American Studies
CUNY - City University of New York, NY
University of Helsinki
9 months, beginning August 2023

Veeravalli, Venugopal

Fulbright-Nokia Distinguished Chair in Information and Communications Technologies
Electrical and Computer Engineering
University of Illinois at Urbana-Champaign, IL
Aalto University, Espoo
4 months, beginning September 2023

CORE FULBRIGHT U.S. SCHOLAR PROGRAM

Crawford, Stewart

Fulbright-Turku UAS Scholar Award
Computer Software Engineering
Hawaii Pacific University, HI
Turku University of Applied Sciences
6 months, beginning January 2024

Deater-Deckard, Kirby

Fulbright-University of Turku Scholar Award
Psychology and Cognitive Neuroscience
University of Massachusetts Amherst, MA
University of Turku
6 months, beginning January 2024

DeVides, Zhanel

Fulbright-University of Vaasa Scholar Award
Accounting
Pennsylvania State University - Penn State Abington, PA
University of Vaasa
4 months, beginning August 2023

Hawdon, James

Fulbright-University of Turku Scholar Award
Sociology
Virginia Polytechnic Institute and State University, VA
University of Turku
3.5 months, beginning September 2023

Kjellstrand, Jean

Social Work
University of Oregon, OR
Tampere University
University of Helsinki
5 months, Flex grant for academic years 2022-24

McGowan, Bethany

Seeking Solutions for Global Challenges Award
Purdue University, IN
Tampere University
5 months, beginning August 2023

O'Donnell, Casey

Fulbright-Tampere University Scholar Award
Information Technology and Communication Sciences
Michigan State University, MI
Tampere University
10 months, beginning August 2023

Silova, Iveta

Fulbright-Tampere University Scholar Award
Comparative Education
Arizona State University, AZ
Tampere University
4 months, beginning September 2023

Trujillo, Gloriana

Education Development
Stanford University, CA
University of Jyväskylä
5 months, beginning January 2024

Yuksel, Mujde

Fulbright-University of Vaasa Scholar Award
Marketing
Suffolk University, MA
University of Vaasa
4 months, beginning August 2023

FULBRIGHT U.S. STUDENT PROGRAM

U.S. Student Program grantees will be in Finland for 1 academic year

Barton, John

Fulbright-University of Jyväskylä Graduate Award
Development Studies
Graduate of University of Virginia, VA
University of Jyväskylä

Boyle, Anezka

Fulbright-Tampere University Graduate Award
Peace Mediation and Conflict Research
Graduate of Scripps College, CA
Tampere University

Erikh, Sydney

Disability Studies
University of Illinois at Chicago, IL
University of the Arts Helsinki, Theatre Academy; Kaaos Dance Company, Helsinki

Filardi, Mia

Fulbright-Tampere University Graduate Award
Peace, Mediation, and Conflict Research
Graduate of University of Washington, WA
Tampere University

Friel, Chase

Fulbright-University of Turku Graduate Award
Social Policy
Graduate of North Park University, IL
University of Turku

Lazaro, Xenabeth

Fulbright-University of Helsinki Graduate Award
Ecology and Evolutionary Biology
Graduate of University of Florida, FL
University of Helsinki

Partridge, Claudia

Fulbright-LUT University Graduate Award
Circular Economics
Graduate of the College of Wooster, OH
LUT University, Lahti

Pham, Skye

Fulbright-Aalto University Graduate Award
Chemical Engineering and Bioproducts
Graduate of North Carolina State University, NC
Aalto University, Espoo

FULBRIGHT U.S. STUDENT PROGRAM RENEWALS**Amicucci, Peter**

Fulbright-LUT University Graduate Award 2022-23
Supply Management
Graduate of the University of Scranton, PA
LUT University, Lappeenranta

Paulson, Casey

Fulbright-LUT University Graduate Award 2022-23
Sustainability Science and Solutions
Graduate of the University of Wisconsin-Parkside, WI
LUT University, Lappeenranta

West, Erica

Fulbright-LUT University Graduate Award 2022-23
Mathematics
Graduate of Hanover College, IN
LUT University, Lappeenranta

FULBRIGHT DISTINGUISHED AWARDS IN TEACHING RESEARCH PROGRAM**Bue, Jill**

Mathematics
Roseville Area Middle School, MN
University of Jyväskylä
3 months, beginning January 2024

Butler-Doran, Teresa

Sixth and Seventh Grade Science
Stone Valley Middle School, CA
University of Eastern Finland, Joensuu
5 months, beginning January 2024

Oler, Dawn

CTE
Hinsdale Central High School, IL
University of Eastern Finland, Joensuu
5 months, beginning January 2024

Pankratz, Ashley

English, Journalism, and Creative Writing
Dodson Public Schools, MT
University of Jyväskylä
5 months, beginning January 2024

FULBRIGHT LEADERS FOR GLOBAL SCHOOLS PROGRAM**Anderton, Amy**

Education Administration
Wayside Publishing, TX
January 2024

Bacon, Rebecca

Education Administration
Springdale Elementary School, Tulsa
Public Schools, OK
January 2024

Baker, Matthew

Education Administration
Sabin Dual Language Magnet School, IL
January 2024

Cummins, Sarah

Education Administration
Redwood Cooperative School, KY
January 2024

Guyon, Andrew

Education Administration
Horace H. Furness High School, PA
January 2024

King, Christopher

Education Administration
West Bronx Academy for the Future,
NY
January 2024

Knisley, Emilie

Education Administration
Blue Mountain Union School, VT
January 2024

McCarthy, Brian

Education Administration
Howell High School, MI
January 2024

Outlaw, Susan

Deaf Education
Metro Deaf School, MN
January 2024

Rodriguez, Jose

Education Administration
Los Angeles Unified School District, CA
January 2024

Rucker, Donald

Education Administration
KIPP Vision Academy, GA
January 2024

Smith, Tanya

Education Administration
Duplin Early College High School, NC
January 2024

Thompson, Kelly

Education Administration
D.C. Everest Area School District, WI
January 2024

Waters, Jessica

Education Administration
Nowell Academy, RI
January 2024

Williams, Moses

Education Administration
Mt. Herman Exceptional Student
Center, FL
January 2024

Williams-Rodriguez, Khaliyah

Education Administration
North Clackamas School District, OR
January 2024

**FRIENDS OF FULBRIGHT FINLAND
ALUMNI ENRICHMENT AWARD****Ungar, Peter**

2021-22 Fulbright Specialist Program
Environmental Sciences
University of Arkansas, AR
University of Lapland, Arctic Centre,
Rovaniemi
2 weeks, beginning June 2024

INTER-COUNTRY TRAVEL GRANTS**Schofield, Stephanie**

Human Genetics and Genomics
Current Fulbright host and program:
Universität Heidelberg - Institute
for Human Genetics, Germany; U.S.
Student Program
IC host in Finland: Tampere University
of Applied Sciences
February 2024

Talay, M. Berk

International Marketing and Innovation
Current Fulbright host and program:
ESSEC Business School, Cergy-
Pontoise, France; Fulbright U.S.
Scholar Program
IC host in Finland: University of Vaasa
November 2023

FULBRIGHT SPECIALIST PROGRAM**Brandt, Nicole**

Community Health and Preventive
Medicine
University of Maryland, MD
University of Helsinki
3 weeks, beginning January 2024

Frodeman, Robert

Public Policy Analysis
Independent Scholar
University of Turku
5 weeks, beginning September 2023

Goldman, David

Food and Nutrition
Metabite, NY
University of Helsinki
3 weeks, beginning August 2023

Jagannathan, Radha

Public Administration
Rutgers, The State University of New
Jersey, NJ
Tampere University
4 weeks, beginning September 2023

O'Connell, Thomas

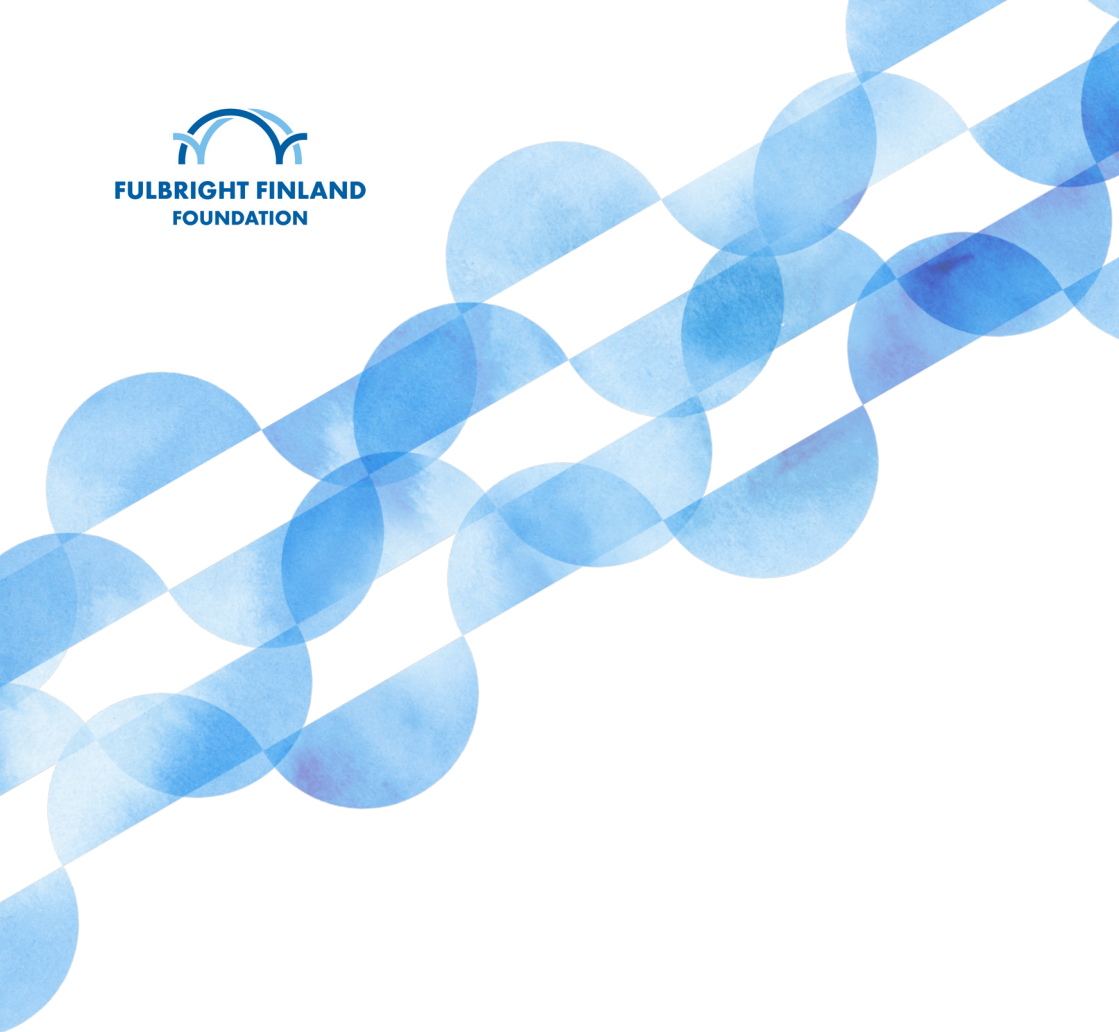
Chemistry Education
Indiana University, IN
University of Jyväskylä
4 weeks, beginning September 2023

Williams, Holly

Criminal Justice and Public Policy
Clemson University, SC
Tampere University
2 weeks, beginning May 2024



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