



ARRIVAL ORIENTATION PROGRAM

For U.S. Fulbright Scholars and Students

August 21-24, 2023 Helsinki, Finland

#FinnishWelcome



FULBRIGHT FINLAND
FOUNDATION



Welcome to Fulbright Finland!

Dear Fulbright Awardee,

On behalf of the Fulbright Finland Foundation Board of Directors and the staff team, it is my great pleasure and privilege to welcome you to Finland.

With your 2023-24 award, you are joining the community of over 6 100 Fulbright Finland Foundation grantees and alumni since the inception of our programs in 1949.

Among the approximately 160 Fulbright programs around the world, the Finnish-U.S. program is unique. It is based on a history unlike any other, and in the present day it distinguishes itself internationally for its exceptionally broad funding and partnership network. We are proud of our program and we are so pleased to welcome you to our community of leaders.

The Fulbright year in Finland begins with an arrival orientation seminar in Helsinki. The most important focus of the on-site orientation is to plug you into the important local networks and give you an opportunity to meet face-to-face with each other and with our key partners and leaders in education and society. This is why we have given you most of the

factual information already in advance through the orientation modules with pre-assignments, the web-based Fulbright Finland Guide for Coming to Finland, and the Online Meetings. We hope you have taken the time to thoroughly familiarize yourself with the advance readings and materials, because the seminar starts from where these resources left off. It dives deeper into selected key topics and strives to give you the direct contacts and connections that will help you hit the ground running. Make the most of it!

I encourage you to take an active role in the week's program. It is your questions and comments that will help steer the discussions to be helpful to you specifically, and we look forward to lively and timely discussions with you. Once again, welcome to Finland!

Lämpimästi tervetuloa Suomeen!

Terhi Mölsä

Chief Executive Officer,
Fulbright Finland Foundation
@TerhiMolsa

Contents

2	Welcome to Fulbright Finland!
3	Partners and Sponsors
4	Orientation Schedule
18	Orientation Speakers
20	Fulbright Grantees in Finland
22	Map of Helsinki

Thank You!

The Fulbright Finland Foundation wishes to thank the following partners and sponsors for their invaluable support for the 2023 Orientation Seminar:

Aalto University / www.aalto.fi

ASLA-Fulbright Alumni Association / www.fulbright.fi

City of Helsinki / www.hel.fi

Embassy of the United States in Helsinki / fi.usembassy.gov

Finnish Business and Policy Forum EVA / www.eva.fi

Haaga-Helia University of Applied Sciences / www.haaga-helia.fi

Metropolia University of Applied Sciences / www.metropolia.fi

Ministry of Education and Culture / www.okm.fi

Ministry for Foreign Affairs / www.formin.fi

Sibelius Upper Secondary School / www.sibel.edu.hel.fi

University of Helsinki / www.helsinki.fi

DAY 1

Monday, August 21st

Welcome, Introduction to the Fulbright Finland Foundation

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

12:45 Meet with the Fulbright Finland Foundation Team in the Lobby

13:00 Travel to Hotel Korpilampi by Bus; Briefing About the Orientation Program And Everyone's Rights (*Jokaisenoikeudet*)

Mirka McIntire, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation; MC for the Orientation

Saara Martikainen, Program Coordinator, Fulbright Finland Foundation

HOTEL KORPILAMPI (KORPILAMMENTIE 5, ESPOO)

14:00-15:00 Welcome Remarks; Introductions of Grantees and the Foundation Team

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

15:00-15:10 *Tauko* - Break

15:10-16:10 U.S. Fulbrighters and the Fulbright Program in Finland: What Everyone Needs to Know (*Module 1*)

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

16:10-16:20 *Tauko* - Break

16:20-16:55 Your Role in Publicity and Outreach (*Module 2*)

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

Maija Kettunen, Communications Manager, Fulbright Finland Foundation

Heidi Tiainen, Program and Events Coordinator, Fulbright Finland Foundation

17:00-19:00 Opportunity to go to Sauna , Swim, and Play Finnish Yard Games (Module 5)

Family members have the opportunity to play Finnish yard games (e.g. *Mölkky*) with Pia and Emilia at 15:00-17:00.

SAUNA GUIDES:

Pia Arola, Executive Assistant, Fulbright Finland Foundation

Mihkel Vaim, Coordinator, Fulbright Finland Foundation

18:30-20:00 Päivällinen - Dinner

Menu:

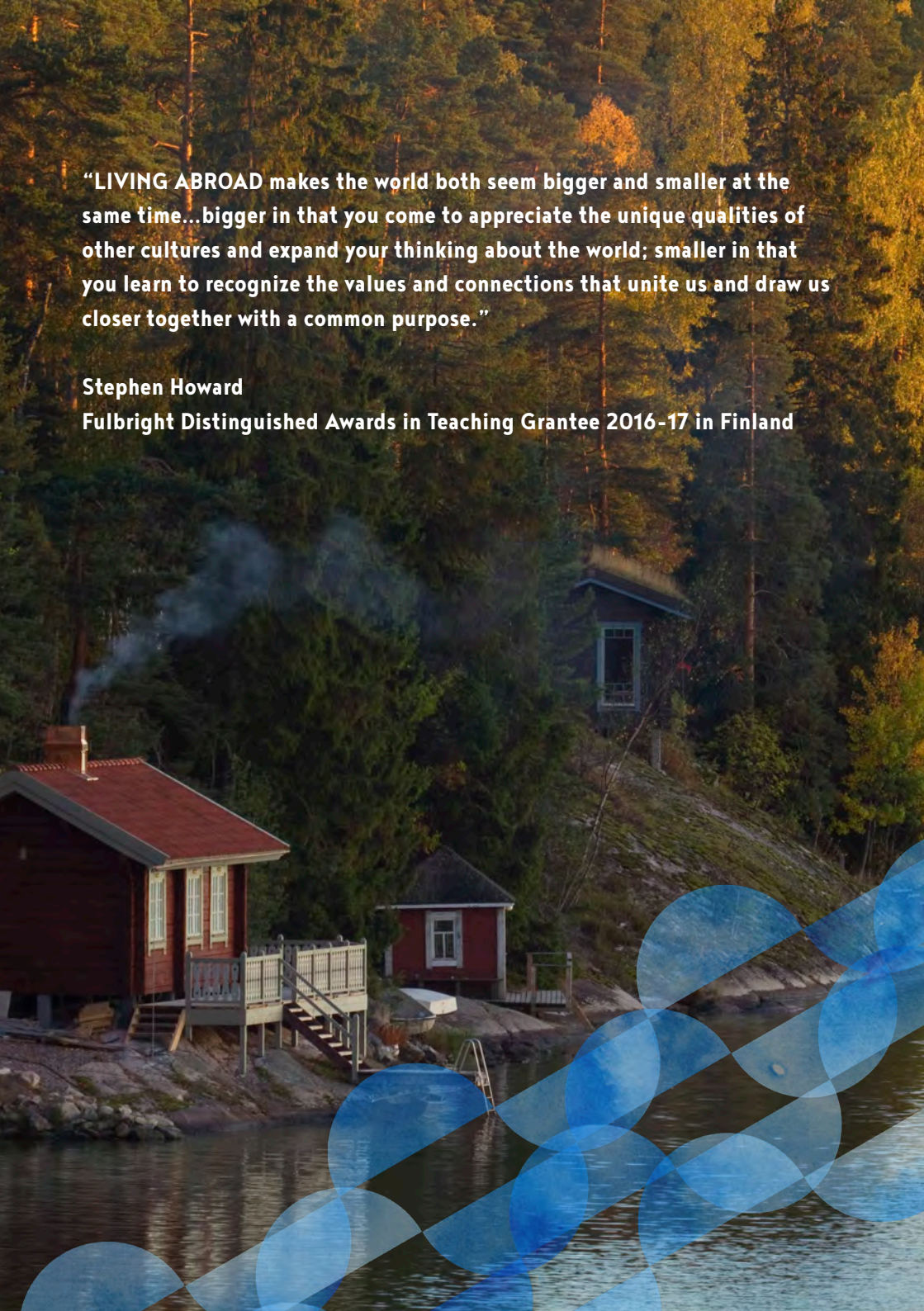
- Green salad with vinaigrette / *Vihersalaattia & vinegretteä*
- Pumpkin, cauliflower, and house pesto / *Kurpitsaa, kukkakaalia & talon pestoa*
- Bread cheese, peanuts, and kale / *Leipäjuustoa, pähkinää & lehtikaalia*
- Potato salad with tarragon / *Rakuuna-perunasalaattia*
- Sesame chicken with lemon mayonnaise / *Seesamikanaa & sitruunamajoneesia*
- Mushrooms in balsamic marinade / *Balsamico-marinoituja sieniä*
- Bread and spreads / *Leipää ja levitteitä*
- Salmon in creamy fennel sauce / *Lohta ja kermaista fenkolikastiketta*
- Seasonal vegetables / *Kauden kasviksia*
- Dill potatoes / *Tilliperunoita*
- Pannacotta with thyme and strawberries / *Timjami-pannacotta & mansikkaa*

Dietary restrictions have been communicated to the restaurant.

20:00 **Bus Back to Helsinki**

20:45 **Arrival to Hakaniemi**

Emergency contact: Mirka McIntire +358 44 5535 269



“LIVING ABROAD makes the world both seem bigger and smaller at the same time...bigger in that you come to appreciate the unique qualities of other cultures and expand your thinking about the world; smaller in that you learn to recognize the values and connections that unite us and draw us closer together with a common purpose.”

Stephen Howard

Fulbright Distinguished Awards in Teaching Grantee 2016-17 in Finland

DAY 2

Tuesday, August 22nd

Education and Research in Finland; Networking; Embassy Reception

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

8:50 Meet with the Fulbright Finland Foundation Team in the Lobby; Travel with Metro to Aalto University

AALTO UNIVERSITY SCHOOL OF BUSINESS (EKONOMINAUKIO 1, ESPOO)

9:45-10:20 *Aamukahvi*, Recap and Tips for the Day; Welcome Remarks

Timo Korkeamäki, Dean, Aalto University School of Business;
Chair, Fulbright Finland Foundation Board of Directors
Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

10:20-10:25 Greetings from the U.S. Embassy

Susan Bridenstine, Public Affairs Officer, U.S. Embassy Helsinki

10:25-10:35 U.S. Citizen Services (*Module 3*)

Susan Bridenstine, Public Affairs Officer, U.S. Embassy Helsinki

- Registering with STEP (Smart Traveler Enrollment Program)
- Passport replacement
- Emergency phone number: +358-9-616-250 (select 0)
- Travel to neighboring countries
- Voting
- Other citizen services

10:40-11:05 Grantee Support Services and Key Contacts During The Fulbright Term (*Module 3*)

Emmi Jelekäinen, Program Manager, Scholar Programs, Fulbright Finland Foundation
Karoliina Kokko, Senior Program Manager, Fulbright Finland Foundation

11:10-11:50 Adventures in Cross-Cultural Communication (Module 5)

Sophia Hagolani-Albov, Coordinator, Sustainability Science Days, Aalto University & University of Helsinki; U.S. Fulbright Fellow 2013-14

RESTAURANT ARVO (EKONOMINAUKIO 1)**11:50-13:00 Verkostoitumislounas - Networking Lunch**

13:00-14:00 Panel Discussion: Finnish System of Higher Education and Research (Module 7)

- Overview of the Finnish higher education system and the role of the governmental education and research policy
- What is the difference between a university and a university of applied sciences?
- Universities of applied sciences (UAS) and their role in the Finnish higher education system
- Special features, internationalization, and recent changes in the Finnish university system

PANELISTS:

Jouni Ahonen, Vice President, Commercial Director, Haaga-Helia University of Applied Sciences

Erja Heikkinen, Director, Science Policy Group, Finnish Ministry of Education and Culture

Timo Korkeamäki, Dean, Aalto University School of Business; Chair, Fulbright Finland Foundation Board of Directors

FACILITATOR:

Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

14:00-14:15 Kahvitauko - Coffee Break

SCHOLARS: ROOM T003

Higher Education Classroom in Finland - Differences in Teaching and Studying Between U.S. and Finland and Navigating the Academic Department

- Academic vocabulary for Finland
- Similarities/differences between U.S. and Finnish students and HEIs
- Practical tips for lecturers and researchers
- Social and everyday life

DISCUSSION LEADERS:

Nely Keinänen, Senior University Lecturer, University of Helsinki

Sharon Sandeen, Professor of Law, Mitchell Hamline School of Law; Fulbright-Hanken Distinguished Chair in Business and Economics 2019-20

Ville Taajamaa, Project Manager, City of Espoo; Fulbright Mid-Career Professional Development Grant 2014-15

Pii Telakivi, Postdoctoral Researcher, University of Helsinki; ASLA-Fulbright Research Grant for a Junior Scholar 2022-23

FACILITATOR:

Ling Choi, Program Coordinator, Fulbright Finland Foundation

STUDENTS: ROOM V101

Student Life in Finland

- How does student life in a Finnish university differ from a U.S. university?
- Fulbright stories from student alumni
- Social life and leisure time
- Practical tips for everyday life and local culture

DISCUSSION LEADERS:

Peter Amicucci, Fulbright-LUT University Graduate Award 2022-23;
Fulbright U.S. Student Program Renewal 2023-24

Neetika Rastogi, Fulbright-University of Helsinki Graduate Award 2022-23

Tim Sowa, Fulbright-Tampere University Graduate Award 2022-23

FACILITATOR:

Karoliina Kokko, Senior Program Manager, Fulbright Finland Foundation

15:45-16:00 *Tauko - Break*

16:00-16:30 Bus to the U.S. Embassy

U.S. EMBASSY RESIDENCE (ITÄINEN PUISTOTIE 14)

17:00-18:30 Reception in Honor of the 2023-24 U.S. Fulbright Awardees in Finland

Host: **Douglas T. Hickey**, U.S. Ambassador to the Republic of Finland;
Honorary Chair of the Fulbright Finland Foundation Board of Directors

Special Remarks on Behalf of the Government of Finland: **Elina Valtonen**,
Minister for Foreign Affairs, Ministry for Foreign Affairs of Finland

Departure from the Embassy and dinner arrangements on your own.



DAY 3

Wednesday, August 23rd

History, Finnish Language, and Art; Alumni Welcome

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

09:20 Meet with the Fulbright Finland Foundation Team in the Lobby

9:30-10:00 Walk to Ateneum Art Museum with the Foundation Team

ATENEUM ART MUSEUM (KAIVOKATU 2)

10:15-11:15 Guided Tour at Ateneum Art Museum (*Module 5*)

Visit and tour courtesy of Ateneum Art Museum.

11:15-11:45 Time to Explore the Exhibitions Independently

Exhibitions at Ateneum Art Museum:

- A Question of Time
Our collection exhibition A Question of Time reflects on the major questions of our time through art. The exhibition also offers fresh perspectives into Finland's oldest and most extensive art collection and how it was built.
- Albert Edelfelt
The exhibition provides an overarching view of the life's work of one of Finland's most renowned and popular artists. Edelfelt made a notable international impact, and after settling and launching a career in Paris, paved the way and created contacts for other Finnish artists to follow.

11:45 Meet the Foundation Team at the First-floor Courtyard of Ateneum

11:45-12:00 Walk to the University of Helsinki

UNICAFE OLIVIA (SILTAVUORENPENGER 5 A)

12:00-13:00 Lounas - Lunch

13:15-13:30 Welcome by University of Helsinki; Time for Recap and Reflections

Arto Kallioniemi, Professor and Vice Dean, Faculty of Educational Sciences, University of Helsinki; Study of the U.S. Institute for Scholars 2015-16, ASLA-Fulbright Research Grant for a Senior Scholar 2021-22
Terhi Mölsä, Chief Executive Officer, Fulbright Finland Foundation

13:30-13:50 Fulbright Seminars and Activities in Finland in 2023-24 (Module 2)

Maija Kettunen, Communications Manager, Fulbright Finland Foundation

- American Voices Seminar (October)
- Annual Thanksgiving Events (November)
- Fulbright Forum: Education, Innovation, Science and Art (Multiple online sessions throughout the spring 2024)
- Mid-term Meeting (March)
- Fulbright Finland Foundation Award Ceremony and Reception (May)
- Others

13:50-14:00 Inter-Country Travel Grant Program for Host Institutions (Module 2)

Emilia Holopainen, Program and Alumni Networks Specialist, Fulbright Finland Foundation

14:00-14:15 Tauko - Break

14:15-15:00 10,000 Years of Finnish History in 40 minutes (Module 6)

Birger Holm, Vice Principal, History and Civics Teacher, Haukilahti School, Espoo

15:00-15:10 Tauko - Break

15:10-15:40 Suomi 101 (Module 5)

Eveliina Suuniitty, University Teacher of Finnish as a Foreign Language, University of Turku; Fulbright Finnish Language and Culture Teaching Assistant Program 2021-22

15:40-15:50 Grantee-Alumni Continuum (Module 4)

Emilia Holopainen, Program and Alumni Networks Specialist, Fulbright Finland Foundation

15:50-16:10 Tauko - Break and Walk to Sibelius Upper Secondary School

16:30-18:00 Alumni Welcome Event - *Tervetuloilaisuus (Module 4)*

Welcome by the host of the event **Magnus Backström**, President,
ASLA-Fulbright Alumni Association

Welcome by **Hannu Rantala**, Rector, Sibelius Upper Secondary School

Musical performances by the Sibelius Upper Secondary School Chamber Choir

Networking over light refreshments

Optional tour of the Sibelius Upper Secondary School building



DAY 4

Thursday, August 24th

Finland: Foreign Policy, Society, and Economy; Sightseeing

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

8:50 Meet with the Fulbright Finland Foundation Team in the Lobby

9:00-11:00 Helsinki City Sightseeing Sponsored by the City of Helsinki

Guide: [Kasper Mårtenson](#)

METROPOLIA UNIVERSITY OF APPLIED SCIENCES (HÄMEENTIE 135 A, 3RD FLOOR)

11:10-11:45 Arrival to Metropolia University of Applied Sciences and Introduction of the XR Center

[Hannes Jesar](#), Turbiini Campus Incubator Project Manager, Metropolia University of Applied Sciences

[Kevin McIntire](#), Senior Lecturer, Metropolia University of Applied Sciences

[Terhi Mölsä](#), Chief Executive Officer, Fulbright Finland Foundation

11:50-12:20 Overview of Finnish Foreign Policy and Current Transatlantic Security Environment from Finland's Perspective

[Hanna-Leena Kortenieniemi](#), Director, Unit for North America, Ministry for Foreign Affairs of Finland

FOOD & CO ARABIANRANTA (HÄMEENTIE 135 A)

12:20-13:30 *Verkostoitumislounas* - Networking Lunch

Time to explore the many Finnish design shops in the building (e.g. Iittala, Arabia, Finlayson).

METROPOLIA UNIVERSITY OF APPLIED SCIENCES

13:30-14:00 5 Trends in the Economy of Finland

[Ilkka Haavisto](#), Research Manager, Finnish Business and Policy Forum EVA

14:00-14:45 Wrap-up Discussion and Evaluations, Awarding of the Certificates and Announcing the Winner of #FinnishWelcome Contest

[Terhi Mölsä](#), Chief Executive Officer, Fulbright Finland Foundation



Fulbright Finland Foundation Team:

1st row (left-right):

Ling Choi, Program Coordinator

Emmi Jelekäinen, Program Manager, Scholar Programs

Terhi Mölsä, Chief Executive Officer

Pia Arola, Executive Assistant

Heidi Tiainen, Program and Events Coordinator

Karoliina Kokko, Senior Program Manager

2nd row (left-right):

Mihkel Vaim, Coordinator

Emilia Holopainen, Program and Alumni Networks Specialist

Mirka McIntire, Manager, Teacher Exchange and Education Programs

Maija Kettunen, Communications Manager

Not in the photo:

Saara Martikainen, Program Coordinator



GRANTEES

U.S. Grantees

in Finland 2023-24

FULBRIGHT DISTINGUISHED CHAIRS PROGRAM

Bi, Zhuming

Fulbright-Nokia Distinguished Chair in Information and Communications Technologies
Mechanical Engineering
Purdue University Fort Wayne, IN
LUT University, Lappeenranta
4 months, beginning September 2023

Crossley, Craig

Fulbright-Hanken Distinguished Chair in Business and Economics
Business Management
University of Central Florida, FL
Hanken School of Economics, Helsinki
2 months, Flex grant for academic years 2022-24

Esper, Terry

Fulbright-Hanken Distinguished Chair in Business and Economics
Logistics and Supply Chain Management
The Ohio State University, OH
Hanken School of Economics, Helsinki
4 months, beginning January 2024

Goodwin, Julie

Fulbright-Saastamoinen Foundation Distinguished Chair in Health Sciences
Yale University, CT
University of Eastern Finland, Kuopio
2 months, Flex grant for academic years 2023-25

Hackney, Anthony

Fulbright-Saastamoinen Foundation Distinguished Chair in Health Sciences
Physiology and Nutrition
University of North Carolina at Chapel Hill, NC
University of Eastern Finland, Kuopio
2 months, Flex grant for academic years 2023-25

Hughes, Justin

Fulbright-Hanken Distinguished Chair in Business and Economics
Intellectual Property Law
Loyola Marymount University, CA
Hanken School of Economics, Helsinki
3.5 months, beginning March 2024

Matthews, Peter

Fulbright-Aalto University Distinguished Chair
Political Economy
Middlebury College, VT
Aalto University, Espoo
10,5 months, beginning August 2023

Trimbur, Lucia

Fulbright Bicentennial Chair in American Studies
Sociology and American Studies
CUNY - City University of New York, NY
University of Helsinki
9 months, beginning August 2023

Veeravalli, Venugopal

Fulbright-Nokia Distinguished Chair in Information and Communications Technologies
Electrical and Computer Engineering
University of Illinois at Urbana-Champaign, IL
Aalto University, Espoo
4 months, beginning September 2023

CORE FULBRIGHT U.S. SCHOLAR PROGRAM

Crawford, Stewart

Fulbright-Turku UAS Scholar Award
Computer Software Engineering
Hawaii Pacific University, HI
Turku University of Applied Sciences
6 months, beginning January 2024

Deater-Deckard, Kirby

Fulbright-University of Turku Scholar Award
Psychology and Cognitive Neuroscience
University of Massachusetts Amherst, MA
University of Turku
6 months, beginning January 2024

DeVides, Zhanel

Fulbright-University of Vaasa Scholar Award
Accounting
Pennsylvania State University - Penn State Abington, PA
University of Vaasa
4 months, beginning August 2023

Hawdon, James

Fulbright-University of Turku Scholar Award
Sociology
Virginia Polytechnic Institute and State University, VA
University of Turku
3,5 months, beginning September 2023

Kjellstrand, Jean

Social Work
University of Oregon, OR
Tampere University
University of Helsinki
5 months, Flex grant for academic years 2022-24

McGowan, Bethany

Seeking Solutions for Global Challenges Award
Purdue University, IN
Tampere University
5 months, beginning August 2023

O'Donnell, Casey

Fulbright-Tampere University Scholar Award
Information Technology and Communication Sciences
Michigan State University, MI
Tampere University
10 months, beginning August 2023

Silova, Ivetta

Fulbright-Tampere University Scholar Award
Comparative Education
Arizona State University, AZ
Tampere University
4 months, beginning September 2023

Trujillo, Gloriana

Education Development
Stanford University, CA
University of Jyväskylä
5 months, beginning January 2024

Yuksel, Mujde

Fulbright-University of Vaasa Scholar Award
Marketing
Suffolk University, MA
University of Vaasa
4 months, beginning August 2023

FULBRIGHT U.S. STUDENT PROGRAM

U.S. Student Program grantees will be in Finland for 1 academic year

Barton, John

Fulbright-University of Jyväskylä Graduate Award
Development Studies
Graduate of University of Virginia, VA
University of Jyväskylä

Boyle, Anezka

Fulbright-Tampere University Graduate Award
Peace Mediation and Conflict Research
Graduate of Scripps College, CA
Tampere University

Eriikh, Sydney

Disability Studies
University of Illinois at Chicago, IL
University of the Arts Helsinki, Theatre Academy; Kaaos Dance Company, Helsinki

Filardi, Mia

Fulbright-Tampere University Graduate Award
Peace, Mediation, and Conflict Research
Graduate of University of Washington, WA
Tampere University

Friel, Chase

Fulbright-University of Turku Graduate Award
Social Policy
Graduate of North Park University, IL
University of Turku

Lazaro, Xenabeth

Fulbright-University of Helsinki Graduate Award
Ecology and Evolutionary Biology
Graduate of University of Florida, FL
University of Helsinki

Partridge, Claudia

Fulbright-LUT University Graduate Award
Circular Economics
Graduate of the College of Wooster, OH
LUT University, Lahti

Pham, Skye

Fulbright-Aalto University Graduate Award
Chemical Engineering and Bioproducts
Graduate of North Carolina State University, NC
Aalto University, Espoo

FULBRIGHT U.S. STUDENT PROGRAM RENEWALS**Amicucci, Peter**

Fulbright-LUT University Graduate Award 2022-23
Supply Management
Graduate of the University of Scranton, PA
LUT University, Lappeenranta
9 months, beginning August 2023

FULBRIGHT DISTINGUISHED AWARDS IN TEACHING RESEARCH PROGRAM**Bue, Jill**

Mathematics
Roseville Area Middle School, MN
University of Jyväskylä
3 months, beginning January 2024

Butler-Doran, Teresa

Sixth and Seventh Grade Science
Stone Valley Middle School, CA
University of Eastern Finland, Joensuu
5 months, beginning January 2024

Oler, Dawn

CTE
Hinsdale Central High School, IL
University of Eastern Finland, Joensuu
5 months, beginning January 2024

Pankratz, Ashley

English, Journalism, and Creative Writing
Dodson Public Schools, MT
University of Jyväskylä
5 months, beginning January 2024

FULBRIGHT SPECIALIST PROGRAM**Frodeman, Robert**

Public Policy Analysis
Independent Scholar
University of Turku
5 weeks, beginning September 2023

Goldman, David

Food and Nutrition
Metabite, NY
University of Helsinki
3 weeks, beginning August 2023

Jagannathan, Radha

Public Administration
Rutgers, The State University of New Jersey, NJ
Tampere University
4 weeks, beginning September 2023

O'Connell, Thomas

Chemistry Education
Indiana University, IN
University of Jyväskylä
4 weeks, beginning September 2023

Williams, Holly

Criminal Justice and Public Policy
Clemson University, SC
Tampere University
2 weeks, beginning May 2024

Find the locations also on
Google Maps!



or

<https://bit.ly/3YAdGvV>



500 m

1:10,000



Hotel Scandic Hakaniemi

Fulbright Finland Foundation Office

Metropolia UAS

University of Helsinki

Sibelius Upper Secondary School

Ateneum Art Museum

Pohjoissatama Norra hamnen

Eteläsatama Södra hamnen

U.S. Embassy



**FULBRIGHT FINLAND
FOUNDATION**

Find us online

#FulbrightFinland #FinnishWelcome

