



# ARRIVAL ORIENTATION PROGRAM

For Spring 2020 U.S. Fulbright Scholars and Teachers  
January 22-24, 2020, Helsinki, Finland #FinnishWelcome



FULBRIGHT FINLAND  
FOUNDATION



# Welcome to Fulbright Finland!

## Dear Fulbright Grantee,

On behalf of the Fulbright Finland Foundation Board of Directors and the staff team, it is my great pleasure and privilege to welcome you to Finland.

Among the nearly 160 Fulbright programs around the world today, the Finnish-American program is unique. It is based on a history unlike any other, and in the present day it distinguishes itself internationally for its exceptionally broad funding and partnership network. We are proud of our program and so pleased to welcome you to our community of Finland Fulbrighters.

The Fulbright term in Finland begins with an orientation program in Helsinki. The most important focus of the on-site orientation is to plug you in to the important local networks and give you an opportunity to meet face-to-face with your fellow Fulbright grantees, the Foundation team, and some of our key partners and leaders in education and society. This is why we have given

you most of the factual information already in advance, through the **Pre-Arrival Webinar** and the web-based **Fulbright Finland Orientation Guide**. The orientation week starts from where these two resources left off. It strives to give you the direct contacts and connections that will help you hit the ground running!

I invite you to take an active role in the orientation program. It is your questions and comments that will help us steer the discussions to be helpful to you specifically, and we look forward to lively and timely discussions with you. Once again, we want to wish you and your family welcome to Finland!  
*Lämpimästi tervetuloa Suomeen!*

Yours sincerely,

**Terhi Mölsä**

Chief Executive Officer  
Fulbright Finland Foundation  
@TerhiMolsa

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## Thank You!

The Fulbright Finland Foundation wishes to thank the following partners and sponsors for their invaluable support for the 2020 Spring Orientation:

Saastamoinen Foundation / [www.saastamoinenfoundation.fi/en](http://www.saastamoinenfoundation.fi/en)

Sibelius Upper Secondary School / [www.sibel.edu.hel.fi](http://www.sibel.edu.hel.fi)

U.S. Embassy Helsinki / [fi.usembassy.gov](http://fi.usembassy.gov)

# DAY 1

Wednesday, January 22nd

*Tervetuloa! - Welcome!*

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

**12:10 Departure with Fulbright Finland Team Members from the Hotel Lobby**

FULBRIGHT FINLAND FOUNDATION OFFICE, PLAZA, 5TH FLOOR (HAKANIEMENRANTA 6)

**12:30 *Tervetulokahvi ja Pulla*; Remarks; Introductions of Grantees and the Foundation Team**

- Picking Up Your Orientation Materials
- Meeting the Fulbright Finland Foundation Team and Grantees Over Coffee and Traditional Finnish Sweet Bun
- Introducing All Participants

**Terhi Mölsä**, Chief Executive Officer, Fulbright Finland Foundation

**13:30 Introduction to the Orientation Program**

**Mirka McIntire**, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation, MC for the Orientation

**13:40-14:50 U.S. Fulbrighters and the Fulbright Program in Finland: What Everyone Needs To Know**

**Terhi Mölsä**, Chief Executive Officer, Fulbright Finland Foundation

**14:50-15:00 Break**

**15:00-15:20 Your Role in Publicity and Outreach**

- Social Media
- Media Outreach
- Fulbright Speaker Program

**Terhi Mölsä**, Chief Executive Officer, Fulbright Finland Foundation

**Maija Kettunen**, Communication and Events Coordinator, Fulbright Finland Foundation

**Leasa Weimer**, Assistant Director of Strategic Partnerships & Initiatives, Fulbright Finland Foundation

## 15:20-15:30 Break

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## 15:30-16:30 Travel by Bus to Villa Hvitторp, Kirkkonummi

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Briefing on the Bus;

- The Helsinki Region
- Introduction to Finnish Nature and *Jokamiehenoikeudet*, Everyman's Rights
- History of Villa Hvitторp

**Inari Ahokas**, Program Assistant, Fulbright Finland Foundation

What Happens at Villa Hvitторp?

**Mirka McIntire**, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation

### VILLA HVITTORP

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## 16:30-17:30 Break-out Sessions for Fulbright Teachers and Scholars

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### GROUP 1: TEACHERS

#### Schools and Teachers in the Finnish Systems

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- How to Go About Visiting Finnish Schools
- Communicating and Creating Social Connections with Finns
- Living in Finland

DISCUSSION LEADERS:

**Eija Kauppinen**, Counsellor, Finnish National Agency for Education; Fulbright Distinguished Awards in Teaching 2010-2011

**Taru Pohtola**, English Teacher, Martinlaakso Upper Secondary School; Fulbright Distinguished Awards in Teaching 2015-2016

FACILITATOR:

**Mirka McIntire**, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation

**Emergency contact:** Mirka McIntire, +44 5535 269

## GROUP 2: SCHOLARS

### Higher Education and Research Environment in Finland

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- Academic Vocabulary for Finland
- Similarities/Differences Between U.S. and Finnish Students and HEIs
- Practical Tips for Lecturers and Researchers
- Social and Everyday Life
- Host and Grantee Expectations

#### DISCUSSION LEADERS:

**Kristina Heinonen**, Professor, Centre Director, Hanken School of Economics; ASLA-Fulbright Research Grant for a Senior Scholar 2017–2018

**Nely Keinänen**, University Lecturer, Department of Modern Languages, University of Helsinki

**Ville Taajamaa**, Project Manager, Department of Information Technology, University of Turku; Mid-Career Professional Development Grant 2014–2015

#### FACILITATORS:

**David Yoken**, Senior Lecturer, Arts Academy, Turku University of Applied Sciences; Vice-Chair of the Fulbright Finland Foundation Board of Directors

**Leasa Weimer**, Assistant Director of Strategic Partnerships & Initiatives, Fulbright Finland Foundation

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### 16:30-19:00 Sauna

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The evening continues with sauna and a possibility to ice swim in lake Vitträsk. Family members can go to sauna already at 16:30.

Sauna Guide: **Johanna Lahti**

## COURSE CENTER

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### 18:45-19:45 Buffet Dinner

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### 19:45 Bus Back to Helsinki

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The bus will make additional stops at Matinkylä metro station in Espoo and at the Ateneum Art Museum in Helsinki.

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### 20:30 Bus Arrives in Helsinki

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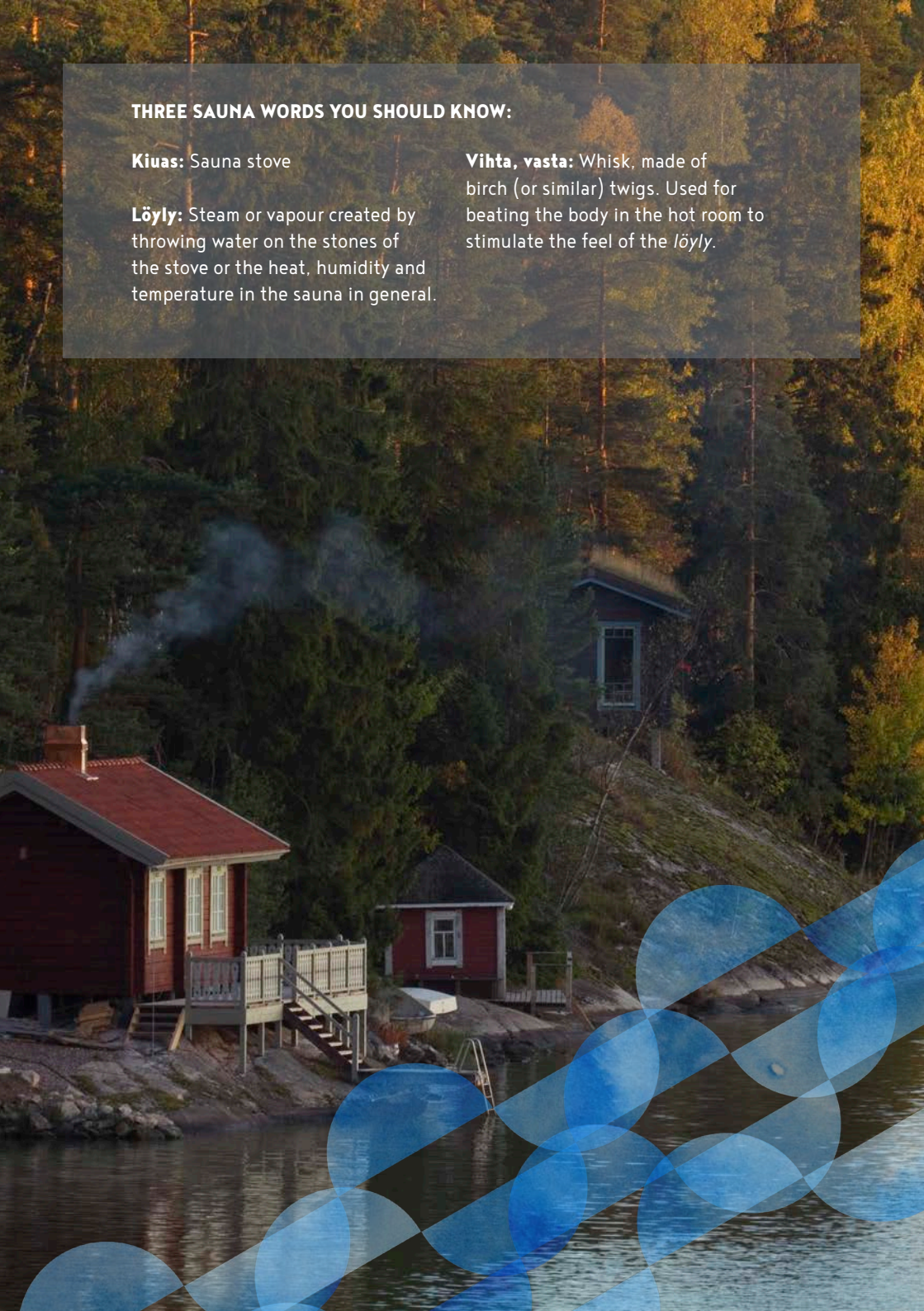


### THREE SAUNA WORDS YOU SHOULD KNOW:

**Kiuas:** Sauna stove

**Löyly:** Steam or vapour created by throwing water on the stones of the stove or the heat, humidity and temperature in the sauna in general.

**Vihta, vasta:** Whisk, made of birch (or similar) twigs. Used for beating the body in the hot room to stimulate the feel of the *löyly*.



# DAY 2

## Thursday, January 23rd

HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

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**8:45**      **Departure with Fulbright Finland Team Members from the Hotel Lobby**

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FULBRIGHT FINLAND FOUNDATION OFFICE, PLAZA, 5TH FLOOR (HAKANIEMENRANTA 6)

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**9:00-9:30**    **Aamukahvi ja Karjalanpiirakka; Recap**

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**Terhi Mölsä**, Chief Executive Officer, Fulbright Finland Foundation

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**9:30-9:40**    **U.S. Citizen Services**

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- Registering
- Passport Replacement
- 24/7 Emergency Phone Number +358-9-616-250, Select 0
- STEP
- Travel to Neighboring Countries
- Other Citizen Services

**Jeremy Wisemiller**, Consul, U.S. Consulate

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**9:40-10:00**   **Key Contacts During Your Fulbright Program, Host Institution and Fulbright Finland Foundation Services and Responsibilities**

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**Emmi Jelekäinen**, Program Specialist, Fulbright Finland Foundation  
**Karoliina Kokko**, Senior Program Manager, Fulbright Finland Foundation

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**10:00-10:20**   **Fulbright Finland Events for Spring 2020**

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- Fulbright Forum: Education, Innovation, Science and Art (March)
- Truth Matters: Building a Media Literate Society (March)
- Fulbright Finland Award Ceremony and Reception (May)

**Maija Kettunen**, Communication and Events Coordinator, Fulbright Finland Foundation

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**10:20-10:30**   **Inter-Country Travel Grants**

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**Emilia Holopainen**, Program Coordinator, Fulbright Finland Foundation

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**10:30-10:35**   **What Does Fulbright Finland Foundation Do in View of Your Taxes?**

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**Pia Arola**, Executive Assistant, Fulbright Finland Foundation



## 10:35-10:45 Break

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### 10:45-11:45 Panel Discussion: Finnish System of Education (K-12): National, Municipal and School-level

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- National Framework for Finnish K-12 Education
- Role of Municipalities in Organizing Education
- Teacher's Role in Finnish Schools

#### PANELISTS:

**Pia Hakkari**, Educational Coordinator, City of Vantaa

**Maija Heikkilä**, English Teacher, Helsinki University Teacher Training School in Viikki; Fulbright Distinguished Awards in Teaching 2016-2017

**Kristina Kaihari**, Counsellor of Education, Finnish National Agency for Education

#### MODERATOR:

**Mirka McIntire**, Manager, Teacher Exchange and Education Programs, Fulbright Finland Foundation

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#### RESTAURANT LASIRANTA, 1ST FLOOR

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## 11:45-12:45 Lunch

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#### PLAZA, 5TH FLOOR

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### 12:45-13:30 Panel Discussion: Finnish System of Higher Education and Research

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- Finnish System of Higher Education and Research
- Differences Between Universities and Universities of Applied Sciences
- Internationalization in Finnish Higher Education and Research

#### PANELISTS:

**Timo Korkeamäki**, Dean, Aalto University School of Business; Member of the Fulbright Finland Foundation Board of Directors

**Teemu Kokko**, President, Haaga-Helia University of Applied Sciences

#### MODERATOR:

**Terhi Mölsä**, Chief Executive Officer, Fulbright Finland Foundation

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### 13:30-14:15 Adventures in Intercultural Communication and Culture Shock

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**Leasa Weimer**, Assistant Director of Strategic Partnerships & Initiatives, Fulbright Finland Foundation

## 14:15-14:30 Break

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## 14:30-16:30 Helsinki Sightseeing by Bus

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Tour guide: **Maria del Carmen Hänninen**

### U.S. EMBASSY HELSINKI (ITÄINEN PUISTOTIE 14 B)

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## 17:00-19:00 Alumni Get-Together at the U.S. Embassy

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Welcome Remarks: **Robert F. Pence**, U.S. Ambassador to the Republic of Finland;  
Honorary Chair of the Fulbright Finland Foundation Board of Directors  
Remarks: **Terhi Mölsä**, Chief Executive Officer, Fulbright Finland Foundation

MC: **William Couch**, Public Affairs Officer, U.S. Embassy Helsinki

Hear impactful stories, enjoy music, and share new ideas for future alumni events! You will have a chance to network with alumni from various fields and from different exchange programs, such as the Study of the U.S. Institutes for Scholars and Secondary School Educators, Fulbright program as well as the U.S. Department of State's Iowa International Writing program and International Visitor Leadership Program.


#### IMPACT STORIES BY:

**Heikki Saxén**, Founder, Chair of the Board, The Finnish Institute of Bioethics; 2014-2015 ASLA-Fulbright Pre-Doctoral Research Fellow at Harvard T. H. Chan School of Public Health; 2019-2020 Fulbright Finland Travel Grantee for Research Collaboration, Harvard University

**Päivi Parkkonen**, Vice Principal, Teacher of History, Civics and Entrepreneurial studies; Study of the U.S. Institutes for Secondary School Educators 2018

**Tommi Parkko**, Poet, Journalist, Writer, Educator, Publisher; Iowa International Writing Program 2011

**Mertsi Lindgren**, Musician; Provincial Artist-Laureate, Cultural Diversity and Romani Culture, Arts Promotion Center Finland; IVLP: Promoting Tolerance through the Arts 2010



# DAY 3

## Friday, January 24th

### HOTEL SCANDIC HAKANIEMI (SILTASAARENKATU 14)

**8:45**      **Departure with Fulbright Finland Team Members from the Hotel Lobby**

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### HAKANIEMENRANTA 6

**9:00**      **Bus to EMMA Espoo Museum of Modern Art, Espoo**

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#### **Grantee-Alumni Continuum**

**Leasa Weimer**, Assistant Director of Strategic Partnerships & Initiatives,  
Fulbright Finland Foundation

### EMMA ESPOO MUSEUM OF MODERN ART

**9:30**      **Arrival and Welcome by Saastamoinen Foundation**

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**Marja Karttunen**, Saastamoinen Foundation  
**Petteri Karttunen**, Saastamoinen Foundation  
**Reetta Kalajo**, Chief Curator, EMMA

Visit to EMMA courtesy of Saastamoinen Foundation

**9:30-10:15**      **Guided Tour of EMMA and Improvised Animation Workshop**

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EMMA is Finland's largest art museum, with gallery space covering a total area of over 5500 m<sup>2</sup>. The museum is located in Espoo in the former Weilin & Göös printing house designed by Professor Aarno Ruusuvuori (1925-1992). The building is a classic sample of 1960s concrete brutalism and an iconic local landmark. Famous for its sweeping lawns and pine woods, Tapiola is the quintessential Finnish Garden City of the 1960s.

EMMA collaborates closely with two leading Finnish art foundations, the Saastamoinen Foundation and the Tapio Wirkkala Rut Bryk Foundation.

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## 10:15-11:15 Free Time to Explore the Exhibitions

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Permanent exhibitions:

- Bryk & Wirkkala: Visible Storage
- Touch

## 11:15-12:15 Lunch

Lunch courtesy of Saastamoinen Foundation.

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## 12:20 Departure for the Sibelius Upper Secondary School

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### SIBELIUS UPPER SECONDARY SCHOOL (LIISANKATU 13)

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## 13:00-13:30 Introduction to the School and Performances by the Students

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Welcome by **Hannu Rantala**, Rector, Sibelius Upper Secondary School

Performances by students of Sibelius Upper Secondary School

Girls' choir of Sibelius Upper Secondary School conducted by **Reijo Aittakumpu**, Sibelius Upper Secondary School; Fulbright Teacher Exchange Grantee 1997-1998

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## 13:40-14:20 10,000 Years of Finnish History in 30 Minutes

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**Birger Holm**, Vice Principal, Haukilahti Upper Secondary School

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## 14:20-14:50 Suomi 101

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**Heidi Toivonen**, Finnish Language and Literature Teacher, Kannas Upper Secondary School; Fulbright Finnish Language and Culture Teaching Assistant Program 2007-2008

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## 14:50-15:30 Wrap-up, Evaluations, and Certificates

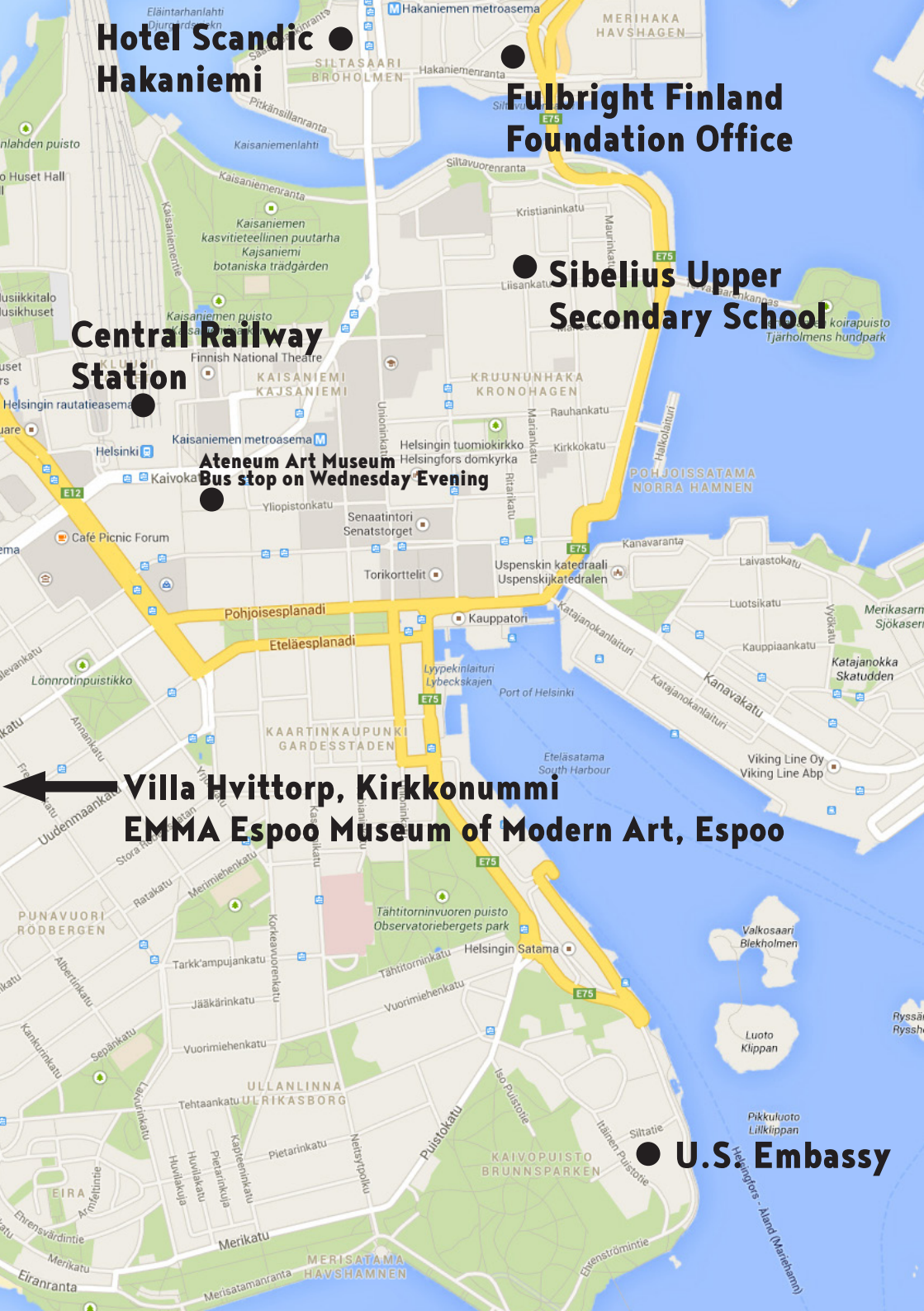
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**Terhi Mölsä**, Chief Executive Officer, Fulbright Finland Foundation

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## 15:30 Orientation Seminar Ends

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**Hotel Scandic Hakaniemi**

**Fulbright Finland Foundation Office**

**Sibelius Upper Secondary School**

**Central Railway Station**

**Ateneum Art Museum Bus stop on Wednesday Evening**

**Villa Hvittorp, Kirkkonummi  
EMMA Espoo Museum of Modern Art, Espoo**

**U.S. Embassy**

# PARTICIPANTS

## American Grantees in Finland 2019-2020

### FULBRIGHT DISTINGUISHED CHAIRS

#### **Mumey, Brendan**

Fulbright-Nokia Distinguished Chair  
in Information and Communications  
Technologies  
Computer Science  
Montana State University, Bozeman,  
MT  
University of Helsinki  
5 months, beginning January 2020

### FULBRIGHT SCHOLARS

#### **Donnellan, John**

Fulbright-TUAS Scholar Award  
Management  
New Jersey City University, NJ  
Turku University of Applied Sciences  
5 months, beginning January 2020

#### **Dorman, David**

Fulbright-Saastamoinen Foundation  
Grant in Health and Environmental  
Sciences  
Public Health  
North Carolina State University, NC  
University of Eastern Finland, Kuopio  
6 months, beginning January 2020

#### **Harville, Emily**

Epidemiology  
Tulane University, LA  
Tampere University  
6 months, beginning January 2020

#### **Helling, William**

Fulbright-Haaga-Helia Scholar  
Award  
Informatics  
Indiana University - Purdue  
University Indianapolis, IN  
Haaga-Helia University of Applied  
Sciences  
5,5 months, beginning January 2020

#### **Honea, Joy**

Sociology  
Montana State University, Billings,  
MT  
Tampere University  
5 months, beginning January 2020

#### **Koenig, Gary**

Chemical Engineering  
University of Virginia, VA  
Tampere University  
6 month, beginning January 2020

#### **Larsen, Laurel**

Fulbright-Saastamoinen Foundation  
Grant in Health and Environmental  
Sciences  
Environmental Sciences  
University of California, Berkeley,  
CA  
University of Eastern Finland,  
Joensuu  
9 months, beginning January 2020

### MID-CAREER PROFESSIONAL DEVELOPMENT GRANT

#### **Fedewa, Alicia Lynn**

School Psychology  
University of Kentucky, KY  
University of Jyväskylä  
4 months, beginning January 2020

### FULBRIGHT DISTINGUISHED AWARDS IN TEACHING

#### **Han, Melissa**

Education  
Baker Elementary, CA  
University of Jyväskylä  
5 months, beginning January 2020

#### **Joslyn, Pamela**

Science  
Central Middle School, IA  
University of Helsinki  
5 months, beginning January 2020

#### **Leslie, Leland**

Arts, Social Studies,  
Special Education  
Central Ninth Grade Center, OK  
University of Helsinki  
4 months, beginning January 2020

#### **Pourrabi, Maedeh**

ESL and Social Studies  
Patrick Henry Elementary, VA  
University of Jyväskylä  
4 months, beginning January 2020

#### **Ransom, Ann**

Science  
University Preparation Charter  
School at CSUCI, CA  
University of Jyväskylä  
5 months, beginning January 2020

#### **Turner, Kelsea**

Social Studies  
Spartanburg Day School, SC  
University of Jyväskylä  
5 months, beginning January 2020





## **Fulbright Finland Foundation Team**

1st row (left-right)

**Karoliina Kokko**, Senior Program Manager

**Inari Ahokas**, Program Assistant

**Sandrine Bartos**, Project Assistant Intern

**Pia Arola**, Executive Assistant

**Mihkel Vaim**, Program Assistant

2nd row (left-right)

**Maija Kettunen**, Communication and Events Coordinator

**Emmi Jelekäinen**, Program Specialist

**Mirka McIntire**, Manager, Teacher Exchange and Education Programs

**Emilia Holopainen**, Program Coordinator

**Terhi Mölsä**, Chief Executive Officer

**Heidi Tiainen**, Program and Events Assistant

**Leasa Weimer**, Assistant Director of Strategic Partnerships & Initiatives

Not in the photo:

**Suzanne Louis**, Project Consultant, Friends of Fulbright Finland Liaison

# SPEAKERS

## Orientation Speakers

In addition to the Fulbright Finland Foundation team and alumni experts, we are pleased to include the following speakers in the 2020 orientation program for the U.S. grantees.



**Pia Hakkari** is an Educational Coordinator in Basic Education in the City of Vantaa. She is an expert in Inclusive / Special Needs Education and Migrant Education. She is a team leader of regional coordinators and organizes in-service teacher trainings for teachers. She is involved in several projects funded by the Ministry of Education and Culture, National Agency for Education, and European Union e.g. Erasmus KA1, Mothers in School and Preventing School Drop-out. Previously she worked as a teacher in migrants preparatory education as well as in international development cooperations e.g. in Kosovo and Zambia.



**Maija Heikkilä** works as an English teacher and teacher trainer at Helsinki University Viikki Teacher Training School. Previously she has worked as an English Teacher at Janakkala Upper Secondary School, Tervakoski Comprehensive School, Stafford House Study Holidays and Lopen opisto. She spent the fall semester in 2016 as a Fulbright Distinguished Awards in Teaching program grantee at the University of Indiana in Bloomington.



**Birger Holm** currently works as a Vice Principal, History and Civics Teacher at Haukilahti School in Espoo. He is the U.S. State Department's Voluntary Visitor Program alumnus and has promoted interdisciplinary studies in Finland by inspiring English teachers to introduce more U.S. History content in English classes.



**Kristina Kaihari** is Counsellor of Education at the Finnish Nation Agency for Education. She is Head of the National Curriculum section for History and Social Studies/Economics subjects including Citizenship Education in Basic and Upper Secondary Education and has been involved in the Future Competences development process during the recent curriculum reform. She is also the representative of Finland at the Council of Europe Education Policy Advisers Network (EPAN) and was the coordinator of Finland in the previous Education for Democratic Citizenship and Human Rights Education (EDC/HRE) -project of the CoE.



**Teemu Kokko** Teemu Kokko Ph.D. (Econ.) and adjunct professor is the President at Haaga-Helia University of Applied Sciences in Helsinki, Finland. During his career he has lived and worked abroad a total of nine years (Moscow, Budapest and Oslo) and he is deeply involved in numerous international activities. Teemu is an ad hoc columnist for two Finnish hospitality industry magazines.



**Timo Korkeamäki** is the Dean of Aalto University Business School. He received his PhD in International Finance from University of South Carolina in 2001. Prior to joining Aalto University, he has taught at Hanken School of Economics in Helsinki, and at Gonzaga University in Spokane, WA. Timo is a member of the Fulbright Finland Foundation Board of Directors.



**Johanna Lahti** is a sauna advocate and a member of the Finnish Sauna Society, a cultural association fostering the heritage of the national bath. She bathes several times a week and enjoys all kinds of saunas from public saunas to her own city apartment sauna. Johanna is a staff alumna of the Fulbright Finland Foundation.



**Heidi Toivonen** teaches Finnish language and literature at Kannas Upper Secondary School in Lahti, Finland. She received a Fulbright Finnish Language and Culture Teaching Assistant grant in 2007, and spent one academic year at Columbia University in the City of New York.

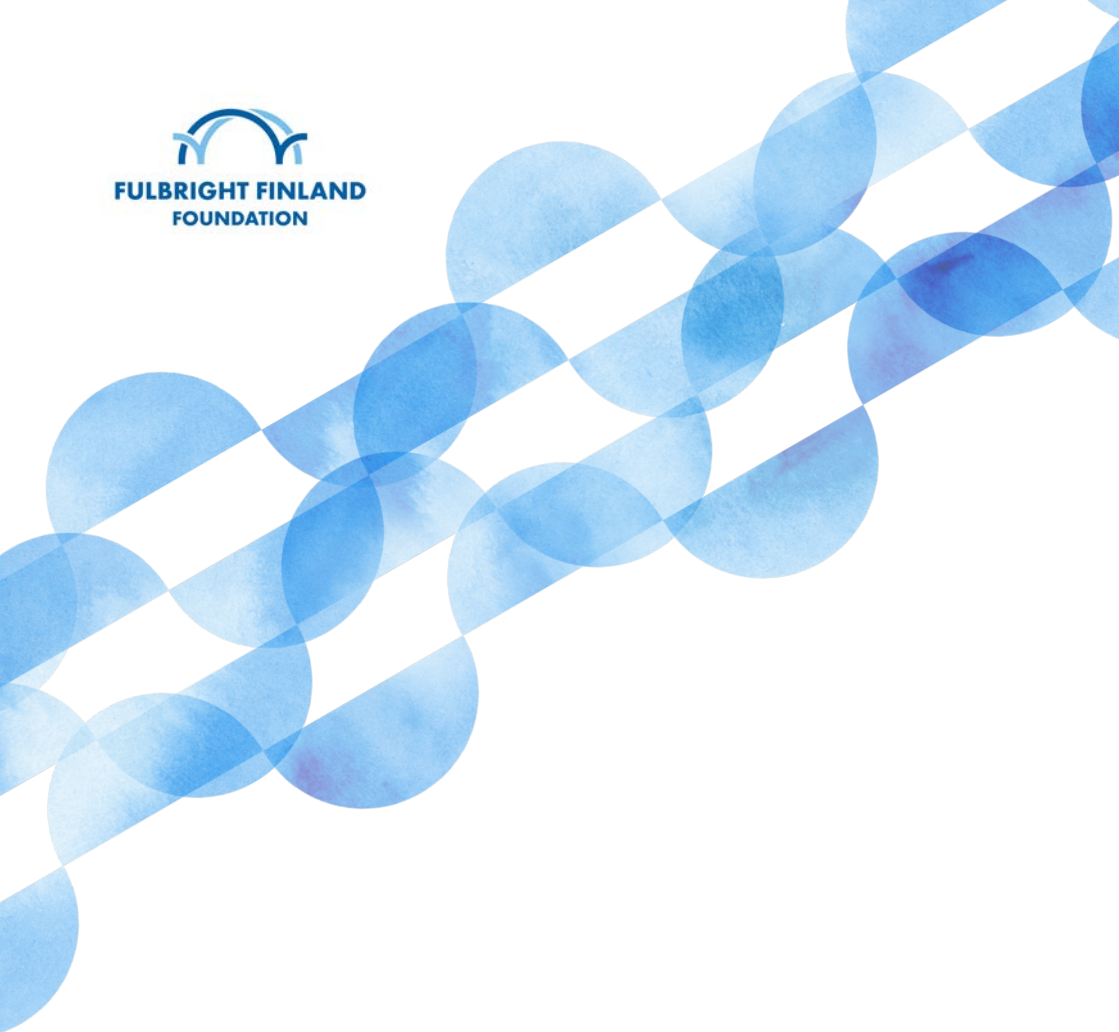
**Jeremy Wisemiller** is the Consul at U.S. Embassy Helsinki. He arrived in Finland in June 2017 following a two year consular assignment at U.S. Embassy Nairobi. Joining the Foreign Service in 2010, his first overseas tour was in Prague, Czech Republic, where he served as the American Citizen Services Chief. He has also served in Islamabad and Washington, D.C.

# NOTES





**FULBRIGHT FINLAND  
FOUNDATION**



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**#FulbrightFinland #FinnishWelcome**

